

Est. in 1993 as the Academy for Lifetime Learning, Inc. at UAH

P.O. Box 1581, Huntsville, AL 35807

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www.osher.uah.edu

June/July2007 Newsletter

## Summer Enrichment Series = OLLI Members "In the Know"

OLLI members are delighted to hear, firsthand, about the transitions of our region's growth resulting from the increased population due to the upcoming Base Realignment and Closure.

Each Tuesday, distinguished and entertaining guest speakers described the future of Huntsville, including Bridge Street, the plans for a world-class biotechnology center, the growth of Huntsville Hospital and other positive changes. Redstone and MSFC representatives discussed changes, including road construction, new facilities, larger workforces and the need for area schools and colleges to meet the demands.

The Series, brain-child of Mary Compton and Barbara Lucero, was their second success. Last year's Series based on the book, *The World Is Flat*, was also a highly popular program. Great minds think alike, and once the theme of BRAC ignited as the program topic, ideas escalated from that spark. Barbara said, "It was magic; we were surprised at how everything seemed to fit together." Mary added, "It was the individual coordinators that made it go so well." At any rate, this entire team worked together to bring us one of the most informative and interesting programs of our current time. We give our thanks for their efforts, exceptional talents and their time.

A reporter from the Huntsville Times covered the programs and here's one of the links: <a href="http://www.al.com/news/huntsvilletimes/index.ssf?/b">http://www.al.com/news/huntsvilletimes/index.ssf?/b</a> ase/news/118112144127130.xml&coll=1#continue

Two additional informative programs are in store: Tuesday June 19: University Visions Tuesday June 26: The State of the State 9:00 a.m. Trinity United Methodist in Wesley Hall

**Newsletter Highlights:** Read the message by our new OLLI president, **Sue Chatham,** on page 2, the **Dr. Jennifer Garlen** bio on page 6, a **new gift idea** on page 7, and **Special & Cultural Events** on pages 4 & 5. The **calendar of events** is found on page 3.



Coordinators responsible for the Enrichment Series are from L to R: Mary Compton, Eleanor Carter, Barbara Lapidus, Elizabeth Earnest, and Barbara Lucero. Not pictured is Jerri McLain.

#### THE FUTURE OF AMERICA IN TODAY'S WORLD

Global Issues in a New Era

On Friday, August 10, join Ralph Peters as we probe the most important foreign policy issues we face today. Col. Peters will take us behind the scenes for an up-close view of our nation's most pressing world problems and what he thinks is ahead for our country in the coming years. Discussion and question and answer sessions included.

Ralph Peters is a retired U. S. Army intelligence officer and an acclaimed strategist, journalist and author. He is an astute and historically informed observer of the crucial international issues of our time, and will offer a stunningly fresh vision for our country and the world. His newest book, available in July, is titled *Wars of Blood and Faith: The Conflicts That Will Shape the 21*<sup>st</sup> *Century* and will be on sale at the August 10 event,. open to OLLI members and their guests. Wear your name-tags. No registration, no fees. Refreshments will be served.

Friday, August 10 from 9:00 to 12 noon at Wesley Hall, Trinity United Methodist Church, Airport Road, Huntsville.

The Summer Enrichment Series is funded by a grant from the Bernard Osher Foundation.

Program coordinated by Paul Hays Summer Enrichment Series coordinated by Mary Compton and Barbara Lucero



### From The President



**Sue Chatham** 

June is the beginning of a new year for OLLI. We have new board members and new officers. As your new president, I look forward to getting to know as many of the OLLI members as I can. OLLI has grown and changed over the past years, but one thing

remains consistent: OLLI cannot exist without its member volunteers.

With over 50 classes each term, special events, cultural events, and socials, there are lots of jobs to be done. With over 1000 members, no one should have to do a lot. Therefore, when you see me or another board member please suggest how you might help OLLI this year. Remember that even attending functions and going to classes contribute to the OLLI experience.

Please read the newsletter carefully. You will find many activities scheduled for the summer. One that I encourage you to put on your calendar is the OLLI Endowment Celebration on Monday, June 25. By now, you should have received your personal invitation to attend. It would

be wonderful to completely fill the room at the Huntsville Museum of Art.

I hope that you find all of our activities interesting and fun. I hope that you learn something, socialize with old friends, and make new friends at all of these activities. That is what OLLI is all about, learning and socializing with others.

This year, if you have ideas for programs or courses, please share these ideas with a board member or a committee chair so that we can continue to grow and fulfill the interests of our members. I look forward to a year in which OLLI continues the growth and good times that the past Board Members have provided.

### Join us in a Celebration!



## **UAH**

The University of Alabama in Huntsville

Division of Continuing Education
invites you to attend an
afternoon reception celebrating

### The Osher Foundation Endowment Award

on Monday afternoon, June 25th from three to five o'clock at the Huntsville Museum of Art

Guest Speaker Dr. Frank Franz, UAH President

Please RSVP by June 18th • 256.824.6183

During your museum visit, enjoy the exhibits Woodie Long: Folk Art Jambalaya and The Age of Armor.

Reception will be held in the Great Hall at the Huntsville Museum of Art, 300 Church Street., Huntsville, AL

### A THANK YOU TO THE WLRH FUNDRAISER VOLUNTEERS

The Institute as a whole, and especially the Public Relations Committee would like to thank the volunteers who represented us in the Spring WLRH fundraiser on March 30th. They were: Ralph Murphy, David Kostowny, Bob Crowe, Dick Gilbert, Ann Carey and her husband, Harold Carey. Their efforts achieved good publicity for OLLI.

The volunteers reported that it was lots of fun with lots of good things to eat. In fact, it is hard to get a volunteer slot for this activity. Anyone interested for Fall fundraiser in October, contact Bev (ASAP) at bevandgeo@knologv.net.

Article submitted by Beverly Marchelos

It is sad to announce the passing of two very popular members: Mary Culver and Mary Elizabeth Selah, better known as "TINK"." We will miss these cheerful I ladies and extend our condolences to their friends and loved ones.



### 2007-2008 OLLI Board of Directors



Seated L to R: Liz Switzer, Pat Lindberg, Rono Prince, Gobe Vick, Dill Simmons, Eleanor Carter, Hugh Nicholson and Beverly Liles. Standing L to R: Aelwyn Thomas, Bob Ward, Joyce Howell, Jim Lindberg, Sue Chatham, Lorrie White, Steve Wynn, Cindy Spratley, Toni

#### **CALENDAR OF EVENTS**

| Summer Enrichment "University Visions"                 | June 19<br>9-12 pm  |
|--|---------------------|
| Summer Enrichment "State of the State"                 | June 26<br>9-12pm   |
| UAH Endowment Award<br>Hsv Museum of Art               | June 25<br>3-5 pm   |
| Hsv Stars Baseball Game<br>Joe Davis Stadium           | ,                   |
| Ralph Peters, Author<br>Trinity United Methodist       |                     |
| SeniorSize Program Begins<br>University Fitness Center |                     |
| Concerts at Big Spring<br>Big Spring Park              | Mondays<br>6:30-8pm |
| Thurs Evening Concerts<br>Main Downtown Library        |                     |
| Fall Term Begins                                       | Sept 17             |
| Fall Term Ends   | Nov 9               |

### **Highlights of the Annual Meeting Luncheon**



OLLI members are enlightened and entertained with Mayor Spencer's eloquent speech regarding Huntsville's journey into the future.



Toni Reynolds holds the plaque presented by the Chamber of Commerce.

Bob Ward presents the Mayor with an OLLI book bag, catalog and newsletter showing her picture on the front cover.

Good food, friendly people, and wonderful speakers made for a delightful luncheon on May 14. Gifts were given to outgoing Board Members, Barbara Ward, and Bob Crowe, and new board member nominees were voted in by a majority.

Photos by Elaine Leach and Lorrie White



Comical and captivating — Loretta Spencer charms her audience.





# Special Events Committee: Fun Activities

### PUT THE SENIORCIZE PROGRAM ON YOUR AUGUST CALENDAR!

Administered and conducted by the University Fitness Center and Funded by the Bernard Osher Foundation
This is a Special Event to start or invigorate your fitness program.

#### "Stay Fit for the Rest of Your Life" is this summer's theme-

Exercise is very important to maintain our independence.

Its effectiveness has been demonstrated beyond question by numerous medical studies. Being a couch potato has proved to be a poor and often harmful substitute for exercise. Exercise is the miracle "cure" that you can give yourself.

No drug can match the high rates of personal improvement that exercise can give.

Exercise has low risks of serious complications or unpleasant side effects.

It is the "pill" needed to continue to participate in all the exciting opportunities life has to offer in our community and beyond.

However, you must get started! It is never too late

What does it take to convince intelligent well-informed people about all the benefits of exercise? The most successful means of communication on the many benefits of exercise is to experience it! That is what we have planned for the OLLI members.

Please join us to learn and participate in a variety of, functionally specific to our age group, exercise choices and learning opportunities.

August 13, 15, and 17, 2007, 9 a.m. to noon (MWF) University Fitness Center Gym Bring comfortable clothes, supported shoes, swim suit (pool bag items), towel & water bottle.

Variety is the spice of life and you will enjoy a variety of exercises for the mind, body and spirit. We will have two types of exercise and a lecture each day. There was a survey given, and we have included the top choices of the folks who responded.

- ♦ Walking for Fitness 101
- Water Walking (shallow) water walking shoes recommended (Wal or K Mart)
- ◆ Balance Prevention techniques to Stumble But Don't Fall
- ♦ Gentle Yoga (mobility)
- Circuit Training in the weight room (Independent strength training)
- Lengthen & Strengthen (Increased flexibility decreases your susceptibility to injury)
- Aquatic Special Solutions (post therapy class)
- ♦ Nutrition as We Age
- Relaxation Techniques

We want to motivate you to make exercise at UFC a weekly part of your schedule.

We will provide convenient, consistent and varied classes. The classes will be well grounded in the physical exercise principles and delivered by an educated and motivated instructor that includes fun! The lectures are provided by local professionals.

Looking forward to seeing you there!

Any questions? Contact Special Event Coordinator, Juliana Larson waterwood@knology.net or 489.2860



## Spaces Available for Monarch Butterfly Tour

We still have nine openings left for people who want to go on the Monarch Butterfly Tour. You really will see millions of Monarchs. The tour is February 16th thru 23rd, 2008. We have two days with the butterflies and on other days we visit Morelia, a volcano lava field, Mayan step pyramid, Reforestation Nursery and other villages. The maximum number is 20. The tour company is <a href="www.rocamar.com.mx">www.rocamar.com.mx</a> and the week costs \$1090. (plus airfare). This amount is due by July 1st. You can get info from this web site or from Bev Marchelos, <a href="bevandgeo@knology.net">bevandgeo@knology.net</a> or 534-3639.

Article submitted by Beverly Marchelos



## Take me out to the Ballgame!!

Due to popular demand, there will be another night out with the Huntsville Stars baseball team.

#### Huntsville Stars vs Tennessee Smokies July 19 7:05 PM

We're skipping the picnic this time but will plan to sit together. There are always plenty of seats in Section L so we can be together there. Purchase your ticket at the gate – no advance purchase required.

### And Seniors (55 and over) tickets are half price on Thursday nights!

Questions? Contact Special Event Coordinator, Jack Cheek at 881-2032.

### MOORSEVILLE TOUR: A FUN TIME



Many members, and several potential members, had a wonderful time on the Mooresville Walking Tour sponsored by the Red Hots on June 7th. The gardens were beautiful and we were able to go inside the church and the post office. Our guide, Dee Green, local historian, told us wonderful stories about the area. The weather could have cooperated a little better, but this is Alabama. We ate a delightful salad meal, which was even better because we had already walked off all the calories. Our thanks to the Red Hots for arranging this tour.

Article and picture submitted by Beverly Marchelos

### **Cultural Events**

During the summer OLLI members have the opportunity to enjoy free Monday night "Concerts at Big Spring Park" from 6:30 p.m. to 8:00 p.m. We will be meeting at the Eternal Flame a few minutes prior to the start of the concert. Wear your badge to identify yourself to other OLLI friends. Bring a lawn chair and, if you wish, a picnic supper. Check for cancellations with your radio station if the weather is iffy. Contact persons are Steve and Brenda Wynn at 883-4296.

The Main Library downtown also offers the free **"Thursday Evening Concerts"** every other week from 6:00 p.m. to 7:00 p.m. Programs are available at any library. The next scheduled concert is June 21<sup>st</sup>. Come to the concert and join us for supper at Piccadilly's afterwards. Call Mary Conner at 881-1533 if you have questions.

The Cultural Committee wishes you a nice summer. We are looking forward to seeing all of you on Campus in the fall.

Liz Switzer, Cultural Committee





### JENNIFER'S ATTIC

By Martena Koken

"I consider that a man's brain is like a little attic and you have to stack it with such furniture as you choose. Now the skilful workman is very careful as to what he takes into his brain attic. He will have nothing but the tools which may help him in doing his work but of these he has a large assortment and all in the most perfect order."

-Sherlock Holmes

Dr Jennifer Garlen's brain attic is packed full of Victorian English furniture in the most perfect order. If you have taken any of her literature classes then you know the large assortment of tools she employs to display her much loved 18<sup>th</sup> and 19<sup>th</sup> century works of art. "Love" is the operating word here. Jennifer's eyes light up whenever she uncovers a piece of

furniture or points out the marvelous fabric or sheds a little light on the artist who made the piece.

"It was a happy accident," says Jennifer as she describes how she first became interested in this period of English Literature. "I was in my sophomore year at Agnes Scott College in Decatur, Georgia. The southern literature course I wanted was full, so I took a prose and nonfiction 18<sup>th</sup> Century novels class that fit my schedule. The material was fascinating, the professor was fantastic and she became my mentor."

Jennifer earned her masters in English from Georgia Southern University and her Ph.D in 18<sup>th</sup> and 19<sup>th</sup> Century English Literature from Auburn University. Her dissertation has been accepted for publication so she is working on the revisions. She is presently a part-time Professor in the English department at UAH and is working with Anisa Graham on a collection of essays about the "Muppets."

"I always wanted to be a great writer," Jennifer explains, "but my dad said writers didn't eat very much so he wanted me to be a teacher. I didn't want to have to discipline so I told him I would compromise and become a college professor."

By teaching part-time, Jennifer gets to spend more time with her husband, David, and their 6 year old daughter, Cate. Between puzzles, computer games, board games, Legos, books, movies, and scrap booking, being a mother, wife, and housekeeper, Jennifer finds time to bring her attic full of knowledge to OLLI.

"I love being around older more mature folks. I like the way they see the world," Jennifer says. "I like their energy and wisdom. It's rewarding to me to benefit from their experiences and they are good role models." For these same reasons, Jennifer loves the 18<sup>th</sup> and 19<sup>th</sup> century novels—for their moral centers, their idealism, the role models and the know-how to live a meaningful life. Writers like Charles Dickens, Jane Austin, Sir Arthur Conan Doyle, Samuel Richardson, and Henry Fielding, to name a few, are some of Jennifer's favorites. Jasper FForde (Eyre Apparent) and Steve Hockensmith (Holmes on the Range) are two contemporary authors that Jennifer enjoys.

Her love of books and reading came from her mother and grandmother who were, and are, both avid readers. Jennifer's idol is her 91-year-old grandmother who is still reading, quilting, and the matriarch of the garden club. Jennifer remembers her grandmother reading <u>Heidi</u> and <u>Swiss Family Robinson</u> to her and her sister at bedtimethus starting the love of learning and subsequent love of teaching that Jennifer exhibits today.

We, at Olli, are very blessed to have such a wonderful attic at our disposal. Jennifer is teaching a <u>Sherlock Holmes</u> course at present and in the fall will be teaching a "Film Noir" class. "Film Noir"? you ask. "I love the way that literature and art are connected. They don't exist in isolation," explains Jennifer, "it's fun to find the connection."

If your little attic feels a bit dusty and full of cobwebs, come visit awhile in Jennifer's attic where there is a "large assortment of tools" and "in perfect order." She'll even lend you some furniture so you can curl up, get comfortable, and learn.



## **GUESS WHO?**



This beauty grew up to be a lady of many interests. At home, she often has her Windows open, and she is a ham— a ham operator, that is. She is a talented artist and loves taking photos of sunsets from her patio on Monte Sano. She teaches each year and oh, she likes hamburgers from a certain fast-food place. She and singer, Stafford, share a name.

Retired from PPG, this bird flew in from his home state of Indiana. He is very active with OLLI, having served on the Board of Directors



as secretary, VP of Curriculum, several committees, and has taught each term since 1994. Anyone needing help can call, and he will lend a hand. He doesn't look like Hope, but has the same name and big heart. Although he needs a plane to fly, his last name has wings.

Read the hints to learn the identities, then check the Web site **www.osher.uah.edu** to find out if you're correct. May's photo's were Nan Case and Hugh Nicholson

### **OLLI GIFT MEMBERSHIP**



Looking for that perfect gift for a special friend, neighbor or loved one? Have you considered a gift of knowledge?

An OLLI gift membership can open the pathway to continued learning. All the fun activities, socials, and Bonus Classes are included. This gift can jump-start new friendships and interests which your recipient will value for a lifetime.

To order a gift membership for June 1, 2007 to May 31, 2008, please complete the form below, include your check for \$15.00, and mail to:

Osher Lifelong Learning Institute at UAH
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| CIET EDOM:                        |                                |  |
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| GIFT TO:                          |                                |  |
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| PhoneC                            | ellEmail                       |  |
| Date                              | New Membership ( ) Renewal ( ) |  |
| Please send newsletter via: E-mai | [ ] Postal Service [ ]         |  |



### **OLLI Membership Form**

| Name              |  | Preferred Name on Badge |  |  |  |  |  |
|-------------------|--|-------------------------|--|--|--|--|--|
| Street Address    |  |                         |  |  |  |  |  |
| City/State/Zip    |  |                         |  |  |  |  |  |
| Phone             | Cell Phone   | Email                   |  |  |  |  |  |
| Please send newsl | lease send newsletter via: E-mail [ ] Postal Service [ ] |                         |  |  |  |  |  |

Join the Osher Lifelong Learning Institute (OLLI) at UAH by mailing this completed form and a check for \$15, payable to:
Osher Lifelong Learning Institute at UAH.

#### Annual Membership is required for course registration.

PLEASE NOTE: Course registration is a separate process and requires separate payment.

#### MAIL TO:

Osher Lifelong Learning Institute at UAH P.O. Box 1581, Huntsville, AL 35807 PHONE: 256-824-6959

The Osher Lifelong Learning Institute at UAH is not responsible for any damage or personal injury sustained when a member is participating in any OLLI-sponsored activities on or off the UAH Campus.

| Membership:   | \$15 |  |
|---|------|--|
| Scholarship Fund*:                                      |      |  |
| Total Enclosed:   |      |  |
| Date:   |      |  |
| New Membership  | []   |  |
| Renewal   | []   |  |
| Membership for the year:<br>June 1, 2007 – May 31, 2008 |      |  |

\*If you would like to make a contribution to the OLLI Scholarship Fund for a UAH student, please include the additional amount you would like to donate in your check.

Important Notice: Newsletter inputs for the June/July Newsletter are due by July 24. If you have a hint for an article, please email to lorrie395@knology.net or call Lorrie White at 520-4455. Please understand that due to cost constraints, articles may be edited for length.



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