



## News For Members of the Osher Lifelong Learning Institute at UAH

May 2016

Wilson Hall Room 113 Huntsville, AL 35899 256-824-6183 [olli@uah.edu](mailto:olli@uah.edu) [Osher.uah.edu](http://Osher.uah.edu)

### President's Message



Bob Darnall  
President

As the spring term starts and the weather turns nice, I'm reminded of how much I enjoy classes at OLLI. I learn something new every time I walk into Wilson Hall. Our tagline, "Rediscover the Joy of Learning," isn't just a shallow motto; it is a way of life. To quote one of our instructors, Debbie West, "OLLI members cherish learning." You all know it's true.

Interacting with other members (in the lounge or classroom, at social events, or during discussions at home) further enhances the learning experience. Nancy and I have long conversations about the classes we are taking together and about what we learned in classes we are taking separately. We do, however, recognize that she may not share my enthusiasm for the *History of Math* class, and I don't always follow everything she says about the *Short Story Chautauqua* class. Still, there have been few things in our lives which allow us experiences together as we pursue individual interests. While I develop new athletic and leadership skills, she may write fiction and assemble teaching materials; we both love classroom learning. OLLI is a unique setting for individuals and couples; few organizations offer so much for so many.

The principal OLLI requirement is that we show up with a positive attitude; some days that attitude is improved by just showing up. We have made new friends, deepened existing friendships, traveled new places, and stepped into new roles. And we are the norm. Everyday, OLLI at UAH welcomes new and returning OLLI members. OLLI at UAH is energized by you. The more you put into OLLI, the greater rewards you reap. Whether employing your teaching skills, your office abilities, your organizational talents, or your quest to share new experiences, OLLI is the place to enrich not only your life but also that of others. Take the opportunity to stretch your network. Talk with your fellow members.

But whether the conversation is about social activities or travel, or in the areas of science, history, painting, or any of the many topics taught at OLLI, I believe knowledge makes you a more interesting person.

**NEVER STOP LEARNING!**

### International Dining Member Interest Group



On Wednesday, May 11, at 5:30 PM, the International Dining MIG will meet at Hildegard's Biergarten, 1010 Heathland (at their new location just off University Drive) for dinner. Cost is \$32, payable by credit card through the OLLI website, [osher.uah.edu](http://osher.uah.edu), (click on "Event Tickets" and select "International Dining Event") or by check directly to Nancy Darnall. The restaurant will prepare a buffet for us if we have 30 people. Otherwise, we will have a plated assortment of German dishes. The owner's mother is making special desserts. Deadline for payment and reservations is Friday, May 6. A sign-up sheet is in the OLLI Office, Wilson Hall 151. Seating is limited. Please contact Nancy Darnall at [nbd51@icloud.com](mailto:nbd51@icloud.com) if you have questions. **Advance reservations and payment are required.**

# OLLI CALENDAR

A Calendar of Upcoming Events will be published in each edition. Committee Chairs should contact Nancy Darnall at [nbd51@icloud.com](mailto:nbd51@icloud.com) or Maxine Doherty at [maxine.doherty@uah.edu](mailto:maxine.doherty@uah.edu) to add items. Check your Weekly E-news for updates and details.

Month	Time	Event
May 5	1:50 pm	<b>CELESTIAL DREAMS: THE ART OF SPACE JEWELRY</b> , field trip to the US Space and Rocket Center Special Exhibit. Nancy Darnall, <a href="mailto:nbd51@icloud.com">nbd51@icloud.com</a> . \$11, sign up requested. (C)
May 11	5:30 pm	<b>INTERNATIONAL DINING MIG: HILDEGARD'S BIERGARTEN</b> , 1010 Heathland. Nancy Darnall, <a href="mailto:nbd51@icloud.com">nbd51@icloud.com</a> . \$32 in advance. (See Page 1.) (MIG)
May 16	6:00 – 9:00 pm	<b>OLLI ANNUAL DINNER AND MEETING</b> , Baron Bluff at Burritt on the Mountain. Leah Black, <a href="mailto:leahblack01@comcast.net">leahblack01@comcast.net</a> . \$20/members; \$25/non-members. Pay in advance. (S)
May 31		<b>Remember Memorial Day!</b> <b>Thank you to our veterans!</b>
June 8	9:00 am – 3:00 pm	<b>OLLI BOARD MEMBER TRAINING</b> , Wilson Hall. Bob Darnall, <a href="mailto:darnall45@aol.com">darnall45@aol.com</a> . All new and returning board members are asked to attend.
June 16	Noon	<b>OLLI SUMMER PICNIC</b> , Green Mountain Nature Preserve Pavilion. Bring a dish to share. Leah Black at <a href="mailto:leahblack01@comcast.net">leahblack01@comcast.net</a> . (S)
June and July	Various	<b>OLLI SUMMER PROGRAM</b> . Watch your Weekly E-news for exciting classes and new opportunities in the OLLI Summer Schedule.
September 8	TBA	<b>US SPACE &amp; ROCKET CENTER GERMAN BIERGARTEN</b> , Davidson Hall. Save the date for wonderful food, beer, and music. OLLI benefits from food sales proceeds.

Join your OLLI friends at these events scheduled by the Special Events (SE), Curriculum (CR), Cultural (C) and/or Social (S) Committees; MIGs; PCS; and UAH. Please remember to check your Weekly E-news for the latest information on these and other activities. OLLI membership is required for OLLI activities, unless other information is provided. More details are available in this issue of the *OLLI Insider*.

***“Just because you’re grown up and then some doesn’t mean settling into the doldrums of predictability. Surprise people. Surprise yourself.”***

**Victoria Moran**

## Cultural Committee



Nancy Darnall  
Chair

**Celestial Dreams: The Art of Space Jewelry.** Thursday, May 5, 2:00 pm. OLLI member and renowned artist Kathy Chan shares her current exhibit at the U.S. Space and Rocket Center. Kathy was born in China, grew up in Brazil, and studied in England before moving to the United States. She is well-known for both her artistic works and her humanitarian efforts. She will give a presentation after she leads us through the special exhibit. According to the USSRC website, “using precious gems, minerals and metals, artist Kathy Chan interprets the genuine awe of the cosmos and its vibrant oasis, Earth.” Contact Nancy Darnall at nbd51@icloud.com. The group rate for this event is \$11.00. Meet in the lobby; purchase your tickets that day.

As the 2015-16 regular sessions of OLLI at UAH come to a close, I would like to thank the Cultural Committee for a busy and interesting year. We have visited Huntsville Museum of Art for *The Tsars’ Cabinet*, Burritt on the Mountain’s *City Lights and Stars*, *Steel Magnolias*, Huntsville Ballet Company’s *Peter Pan*, the Metropolitan Opera’s simulcast of *Manon Lescaut*, the Huntsville Master Chorale’s *Mosaic of Love*, two sneak previews of the Huntsville Symphony Orchestra, dinner at the U.S. Space and Rocket Center’s Biergarten, three productions of the American Shakespeare Center performed on the UAH campus, extraordinary tours of St. Mary of the Visitation Catholic Church, a relaxing adult session of *Color It Merlot*, and an overnight trip to Monroeville to see *To Kill a Mockingbird* in Harper Lee’s hometown. We shall finish our year with the Kathy Chan exhibit. When I assumed the chairmanship of this committee, I stepped into large shoes. Thanks to the committee members, this year’s activities surpassed any dream I had. So, from and for the committee, I render thank you’s to the members, the sites, and the Points of Contact. Watch your Weekly E-news and the *OLLI Insider* for our next adventure.

## Administration and Finance Committee



Jane McBride  
Chair

The Administration and Finance Committee has an important role in keeping the wheels turning for the OLLI at UAH organization. Chaired by the First Vice-President of the OLLI Board of Directors, the Committee has planning and sustainment responsibilities for OLLI financial management. In addition, it has oversight duties for maintaining OLLI’s regulating documents; i.e., by-laws, policies and procedures.

Work for the A&F Committee begins as soon as new OLLI officers are installed at the Annual Membership Meeting in May. First order of business is reviewing the treasurer’s report at a line item level in order to kick-off the next fiscal year’s budget process. The OLLI standing committee chairs are requested to submit annual budget numbers to the A&F Committee, based on past performance and current expectations. The months leading up to the start of the fiscal year in August are devoted to preparing the end-of-year accounting reports and getting the operating budget established for the new year.

By the time the doors open at UAH for OLLI Fall term students, the A&F sub-committees have met to formulate work plans, review procedures and start their special tasks, such as, conduct annual financial audit and make IRS report, update OLLI equipment inventory, provide OLLI undergraduate Scholarship and Member Financial Assistance committee support. Ad hoc committees are formed as needed to consider new ideas or resolve issues. All of these activities are reported to PCS and the OLLI Board of Directors for their review and approval as we progress through the year.

A&F Committee work is challenging and rewarding. It’s a good place to learn what it takes to run an OLLI program like ours. We invite members to join us at our “first Friday of the month” meetings. No special talent is required; only a desire to keep this OLLI chapter on a sound foundation (and, of course, SUCCESSFUL). C’mon and sign up; we need you!



The Weekly Bonuses for the Spring 2016 session are on Wednesdays in Wilson Hall 001 (the Auditorium) from 12:45 to 2:15 pm. These programs are offered as one of the OLLI member benefits and are open to members only. Memberships are available for purchase on the day of the bonus in Wilson Hall 103.

**May 4 – *Dramatic Changes in the US Economy and the Impact on the Stock Market*** Dirk Drawe

It seems as if recent articles indicating that domestic manufacturing is “losing its spark” abound. If that’s true, why has there been a concomitant increase in the financial sector? Join our own Dirk Drawe as he helps us understand this mystery, and explains that the increase is due in part to the easy credit policy of the Federal Reserve and has contributed to a rapid growth of the stock market. This growth is not due to fundamentals and is unsustainable. The key is to recognize how this took place and make wiser investments.



**May 11 – *Frank Lloyd Wright’s Rosenbaum House*** Libby Jordan

If you love architecture, don’t miss this chance to hear “first hand” about the only structure designed by Frank Lloyd Wright in the state of Alabama, and the only such house in the southeast that is open to the public. Wright designed the Usonian beginning in 1936 as the answer to affordable housing in the United States. The Rosenbaum House, located in Florence, AL, is considered to be the purest example of this unique architecture. Learn how Wright’s organic concepts flow through the house from the exterior design to the interior furnishings.



**May 18 – *Images of Peru*** Rick & Pam Van Nostrand

Various exciting images of Peruvian cities and towns, Incan and pre-Incan ruins, ancient artifacts, landscapes, flora and fauna will be shown. In addition Rick and Pam Van Nostrand will compliment the pictures with a lively discussion of traveling around Peru and the various challenges and rewards.



### OLLI Member Interest Groups

**Hiking:** Hikes on Thursday and Friday mornings. Contact Bob Goodwin, OLLIHiking26@yahoo.com.

**International Dining:** Try new foods and revisit favorites. Contact Nancy Darnall, nbd51@icloud.com.

**Knitting:** Share your enjoyment and increase your skills. All levels welcome. Contact Barbara Ward, bward@hiwaay.net.

**Stock Study Club:** Study and report on stocks to explore the world of investing. Contact J. Phillip, the\_p\_patch@knology.net

**Tennis:** Court time and pro-tournament gatherings. Contact Sue Chatham, chatham@knology.net.

*Membership is required for participation. It's a lot of fun for \$16/year!*



Attention! OLLI *Writing Your Life Story* class participants (past and present) are invited to submit their stories for inclusion in the sixth volume of "Slices of Life." Please follow the guidelines below and submit your contributions to Val Seaquist ([VJimval@aol.com](mailto:VJimval@aol.com)) no later than August 1, 2016. We intend to publish in late August/early September and will send information at a later date about the cost of the books and how to place an order.

## Guidelines for Submitting Stories to *Slices of Life Volume Six*

### Please Do

- Include appropriate b/w pictures, graphs, poems, illustrations, etc.
- Bold the title, add 1 blank line before your name (centered on page) and add 2 blank lines after name
- Use Times New Roman, size 12 and 1.5 line spacing between lines and paragraphs
- Indent first line of each paragraph 0.5 in
- Margins – Right/left: 1 in; Top: 1 in; Bottom: 1.25 in
- Rank order of submittals—most preferred first
- Print only on single side and save in *Microsoft Word*

If you have more than one story, skip three lines and begin your new story (titled as above) after the preceding story.

### Please Do Not Use

- More than 10 pages, page numbers, and justification or hyphenation of right margins

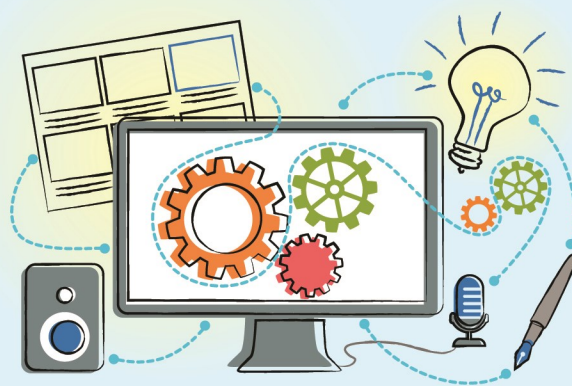
# OLLI Summer Program

## LEARN SOMETHING NEW, INTERESTING AND FUN THIS SUMMER!

There is something for everyone! OLLI is offering a variety of summer courses to entertain you, to enable your creativity, to challenge you, and best of all, to make your summer delightful and fun! Learn how to navigate through Windows 10, connect with friends and family on Facebook, and protect yourself when going online. You can also sign up for a fabulous videoconference art program from the Smithsonian Art Museum, learn Spanish, or register for a tennis class!

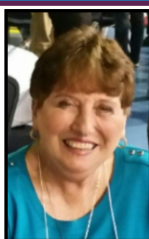
**\$65 for first course | \$55 for each additional**  
**OLLI Membership is required.**

**REGISTER TODAY!**  
**Register for the 2016 OLLI**  
**Summer Program online at**  
**[Osher.uah.edu/Summer](http://Osher.uah.edu/Summer)**  
**or call 256.824.6183**



### CLASSES OFFERED THIS SUMMER:

- Smithsonian American Art Museum
- Fun with Tennis Fundamentals
- Spanish for Beginners
- Computer Basics: The Very Beginning
- Online Security—Simple Steps to Keep You Safe
- Windows 10®
- Facebook
- Have Fun Using Gmail!
- Pin It!
- Easy Photo Editing and Organizing Using Google Photos



Leah Black  
Chair

What a great year for social activities at OLLI! And it just gets better.

**OLLI Annual Dinner and Meeting, Monday, May 16, 6:00 till 9:00 PM**, Baron Bluff at Burritt on the Mountain. The gorgeous view of Huntsville and the Valley, dinner catered by Bubba's Silver Spoon, unique entertainment by Bushwhacker Billy of Tuscaloosa, Alabama, the winners of the OLLI photo contest, and companionship of friends work together for an unforgettable evening. Election of board members is part of the event. Don't miss it. Tickets are \$20/members and \$25/non-members.

Welcome summer with the **OLLI Picnic** at the **Pavilion at Green Mountain Nature Preserve** on **Thursday, June 16, at noon**. Bring a dish, maybe a camera and your walking shoes, and enjoy the afternoon with your OLLI friends. Paper goods and beverages are provided.

## *Capitals of Spain, Spring Break 2017*

Consider traveling to Madrid, Valencia, and Barcelona, Spain, in March of 2017. The departure date will be March 20 for fourteen days including travel days, twelve nights in Spain. See cultural and historic sites, museums, taste Spanish specialties, and travel with your OLLI friends. Our trip is booked through Grand Circle Travel, the company that coordinated the 2015 trip to the United Kingdom. Go to [www.gct.com/csp16](http://www.gct.com/csp16) for information about the 2016 trip. This trip has space 38 to 42 participants.



- ♦ Call Grand Circle Travel Reservations (1-877-220-2540)
- ♦ Advise the travel counselor that you want to register for Capitals of Spain in March 2017
- ♦ Mention Group Code G7-26157 (This assures you that you are with our OLLI tour.)

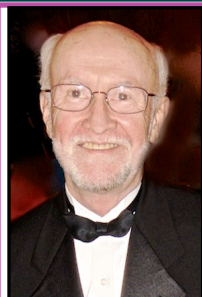


Sagrada Familia  
Barcelona

Currently, we are holding the entire trip for OLLI, but we must book early. Grand Circle offers a "Good Buy Discount" which is calculated by using the date of your deposit. Land and air cost for the trip is \$3515, leaving from Huntsville. Land only is \$2395. There are three optional tours within the trip and options to Bilbao and San Sebastian before and Malaga after. Contact Nancy Darnall for further details.

A video will soon be available.

The OLLI Curriculum Committee is working to offer classes this fall and winter to support this travel. Be watching for further information.



Bill McAllister  
Chair

This is my final report to *The Insider* as Chair of the Special Events Committee. During my three years as Chair, the Committee has evolved to encompass more offerings, namely movies and long trips. We have also continued to offer tours of local industries and institutions. All has gone well except for a few postponements due to weather. I think I attended almost all the movies and I recall each one with fondness. These and other offerings currently are advertised to all 1200 plus members, whether they pay for courses or just the annual OLLI membership fee. What a great deal!

Since my OLLI Board term concludes at the annual meeting in May, I want to thank all the members who have in any way contributed to the success of Special Events. The number of events and attendees has grown over the last 3 years.

The final tour was of the third floor of the new UAH nursing building that includes simulated learning using high tech manikins linked to computer feedback programs. Students learn interactively from their instructors, while other faculty observes techniques from a distance. Our tour guides were graduate nursing students, and they fielded our questions without hesitation. There were many positive comments about the tour. A second tour took place at the end of the first one.

By the time you read *The Insider*, the Film Fest will have concluded with two movies that were postponed earlier due to the threat of bad weather. On Friday, April 29, *My Cousin Vinny* and *Secondhand Lions* were shown. The format of showing a set of movies with a theme seems to have potential and the first Film Fest featured funny movies. If you have suggestion for movies that OLLI members might like, let the Special Events Committee know what you are thinking. If you would like to be the movie coordinator, let Bob Darnall, [darnall45@aol.com](mailto:darnall45@aol.com), know.

### **Birgit Stensby's Cranberry/Walnut Gelatin recipe**

#### **Ingredients:**

- One 6-oz pack of gelatin (raspberry or cherry flavors work best)
- 8 oz. FROZEN cranberries (do not thaw!) - 2/3 of standard 12 oz. bag (need to buy these in season and freeze for later use)
- 4 large stalks celery
- 3 oz. walnut pieces
- One 20 oz. can of crushed pineapple in its own juice

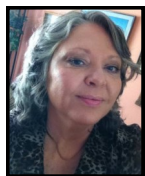
1. Drain pineapple for about an HOUR, reserving all juice in measuring cup.
2. Combine gelatin mix with 2 cups boiling water; stir until completely dissolved. To the reserved pineapple juice (usually about a cup) add enough cold water to make 2 cups; add in and stir to combine. Set in refrigerator for 60-90 minutes.
3. When gelatin begins to set, add the remaining ingredients:
4. Add pineapple by tablespoon, or else it will all clump together and will be hard to separate. Chop celery and add in. Chop FROZEN cranberries in food processor and add in. Last, add walnuts and stir together well. Chill overnight.
5. Recipe may be halved if using a 3-oz gelatin package.

#### **Tips for making this:**

1. Plan ahead and buy cranberries when they're available late in the year; freeze them for later use. After stores run out of stock (usually around Christmas), there won't be any more until the next fall.
2. Don't use thawed cranberries nor any kind of canned cranberries.
3. Drain pineapple for an hour; it takes this long for the liquid to percolate down. If there is a little liquid left which drains later, it's OK to add to the partially-set gelatin.
4. Don't start this late in the day, since draining and setting times are substantial and shouldn't be cut short.

## *MEET THE NOMINEES FOR THE OLLI BOARD OF DIRECTORS*

At the Annual Dinner and Meeting on Monday, May 16, OLLI members will elect new members to our Board of Directors as well as re-elect some members for a second term. Terms are three years, with an option to serve a second three-year term. Officers of the Board are elected by the Directors at the Board meeting following the annual meeting of members. Here is a bit of information about our new nominees. You may already know them. While they have varied professional histories, one thing they each have is a strong common interest in our OLLI at UAH program.



**Jennifer Brewer** has a B.A. from the University of New Mexico. As a college student, she worked at the Disciplinary Board of the New Mexico Supreme Court. She was a paralegal for a prominent New Mexico criminal defense lawyer who later became a NM Supreme Court Justice. In Albuquerque she owned and operated a weekend pottery business while she worked full-time. She taught pottery at the Madison County Senior Center. Jennifer has been an active member of OLLI at UAH for the past three years.



**John Burnett** was born in Notch Hill, British Columbia, Canada, then moved to Vancouver living there through high school. He attended the Royal Canadian Naval Technical School in Victoria, British Columbia, where he earned a bachelor's degree in Marine Engineering. John spent the majority of his career in the low temperature and cryogenic business at Emerson Electric, including responsibilities for operations in the Middle East, Africa, and the South Pacific. John retired in 2004, discovered OLLI in 2010, and has been active in OLLI ever since. John has facilitated two courses and has served on the Administrative and Finance Committee of OLLI for the past two years. He also writes for several professional publications and has been writing his life story. John and his wife Arline live in Madison.



**Dr. William N. "Bill" Confer, Ph.D., ABPP**, is a licensed psychologist in private practice in Huntsville, Alabama. He received his Ph.D. in Clinical Psychology from Auburn University in 1978. He served as Clinical Director of the Wiregrass Comprehensive Mental Health Center for eight years and subsequently as Coordinator of Adults Services for the Huntsville-Madison County Mental Health Center before entering private practice in 1989. Dr. Confer evaluates and treats psychological problems of adults and couples. He has written two books; authored a number of articles in professional journals and books; and presented many workshops in psychology and treatment intervention.



**Jerry Pang**, a native of Honolulu, received his engineering degree from the University of Hawaii. After spending three years at Kwajalein in the Marshall Islands, he was transferred to Huntsville in 1975 where he spent 35 years working in the areas of missile defense, digital mapping, and security systems for the DoD. Since retiring from Intergraph, Jerry is learning how to cook (out of necessity), grows fresh herbs, and practices tai-chi for balance. Through OLLI at UAH, Jerry has studied Spanish, learned to play the ukulele, and rekindled his joy of classical music.



**Birgit Stensby** was born in Providence, RI, and has lived most of her life in Madison County since 1957. Her parents were German immigrants. Her father, of course, was a rocket scientist (metallurgy) and her mother worked in the histology lab at Huntsville Hospital. Birgit graduated from Grissom High School and then UAH with a double major in mathematics and economics. She earned a Master's degree in Economics and an MBA from Texas A&M University. She left Intergraph in 2015 and joined OLLI where her favorite activity is teaching. Birgit is married to John Stensby, a recently retired thirty-year professor of electrical engineering.

**Vanitha Singh** has been nominated for a second three-year term.

New board members are elected every year at the Annual Dinner and Meeting. If you or someone you know is interested in serving or have other volunteer interests, please contact OLLI President Bob Darnall or complete a green volunteer sheet. They are available in the OLLI Volunteer Office or Bob usually has some on him.



## PAST EVENTS



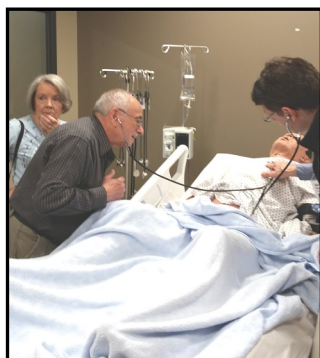
Photos courtesy of Janis Troeger, Bill McAllister, Linda McAllister, and Nancy Darnall.



Pat Tumminello arranged a great outing for OLLI members at St. Mary of the Visitation. About 40 of us visited in two tours.



Bill McAllister scheduled a tour of the simulation floor at the UAH School of Nursing. In two groups, approximately 30 OLLI members saw the future of nursing. Included were demonstrations of the simulation mannequins as well as the offer to test the learning experience. Some of us gave it a try.



One of the spring classes is "Birding in Your Own Backyard," which is offered at the backyard of Linda and Bill McAllister. Here are some birders.





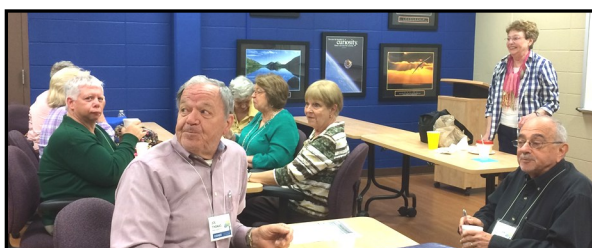
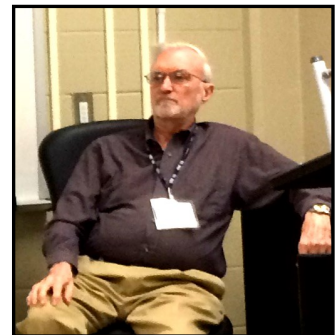
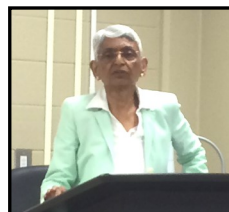
## Photos, We Love Photos!

Huntsville Ballet Company offer OLLI members discount tickets and an incomparable peak at warm-ups, backstage activities, sets, and props on April 10 for their Sunday matinee of *Peter Pan*.



### SEEN AROUND OLLI:

Photos courtesy of  
Linda McAllister  
and Nancy Darnall.





***FROM THE SPRING GARDEN TOUR***



Among the sights in the 2016 Spring Garden Tour was the Nichols' garden. Their daughter, Rebecca Boone, did the makeover and provided these before-and-after shots.

## ***Making the Best Years Better!***



Thanks for the bonus treats. Throughout this year at OLLI, members have brought cakes, soups, chili, salad, and other items to share before our Weekly Bonuses. This has encouraged members to bring their lunches and visit in the OLLI Lounge and beyond. The themes have varied: dessert in the fall, soups/chili in the winter, and chef's choice for this spring. We still have one date open before the session ends. If you feel moved to participate, please contact Sue Chatham at [chatham@knology.net](mailto:chatham@knology.net). Remember that reasonable reimbursement is available (no steak and lobster!) and we need enough for a small serving for around thirty to forty people. It is just a sampling.

May 4: Johnnie Sanborn

May 11: Lynda Locke

May 18: OPEN

***The OLLI Insider*** June issue submission deadline is Sunday, May 15. (Early is better!) Please submit your articles to Nancy Darnall at [nbd51@icloud.com](mailto:nbd51@icloud.com). Any OLLI photos are welcome; just send them to the newsletter. As always, please include the photographer's name, the names of those in the photo, and the event shown. Thank you.



*An Affirmative Action/Equal Opportunity Institution*  
Osher Lifelong Learning Institute at UAH  
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Division of Professional  
and Continuing Studies

