

# THE OLLI INSIDER



# News For Members of the Osher Lifelong Learning Institute at UAH September 2016

Wilson Hall Room 113 Huntsville, AL 35899 256-824-6183 olli@uah.edu Osher.uah.edu

### Your OLLI President's Message



Bob Darnall President

We just finished a very successful Registration Celebration and it was great to see so much enthusiasm in Wilson Hall. I was particularly pleased to meet so many new members signing up for classes. If you haven't signed up, please do so soon, classes start September 12.

Many of us stayed after the Registration Celebration to attend Popcorn and a Movie and saw *Eye in the Sky*. It was a very enjoyable, intense movie. Jean Greenwood indicates that the next Popcorn and a Movie, *People Will Talk*, will be September 9 (Friday before classes start) and will be a delightful comedy.

This fall, OLLI members may register for up to four courses per term for \$85, and any additional courses for \$10 each. As OLLI grows, we are experiencing the typical stretching of resources which goes along with it. We implemented the change in the number of courses members may register for \$85 to best support the large increase in membership, better manage our resources, and continue

providing OLLI members the best educational experience possible. In the past, we have had several classes where people were wait-listed (due to class size restrictions imposed by the instructor or physical classroom space). The new structure will help minimize the number of people unable to register for a class because it is full. You can help us manage our resources better, too. If you find that you cannot attend a class for which you registered, please contact the Registration Office and withdraw from the class. This will allow wait-listed members to attend a class they wanted. Thanks for your cooperation. Simply ceasing to attend does not free the space held for you.

OLLI is a volunteer supported organization; I would like to encourage everyone to participate fully. In addition to the various committees that are always looking for new members, we need people to staff the OLLI office (room 151) during class sessions. This year we are initiating a new volunteer program. People can become OLLI Ambassadors, directly helping to support the PCS staff. If you are interested, please contact Maxine directly at 256-824-6183.

Knowing that good news seldom makes the headlines these days, I would like to relay an experience we witnessed. I was stopped at an intersection when we saw a fairly high speed collision that caused a Jeep to flip over and land on the driver side door. Fortunately, no one was seriously hurt. Within seconds after the accident there were about 20 people helping pull the driver of the Jeep up and out of the Jeep's passenger window, and attending to the people in the other car. Before Nancy had hung up on the 911 call, an off-duty EMT who happened to be near arrived, followed shortly by police and fire departments. People may criticize America, but we have seen time and time again that when there is a problem, we all work together, and the response is immediate. I am thankful for everything I have, every day of the year.

# Fall Registration is ongoingl

Register by dropping into Room 103 of Wilson Hall, call 256-824-6010, or online at <a href="http://Osher.uah.edu/Register">http://Osher.uah.edu/Register</a>. Catalogs have been mailed and are available online at <a href="http://Osher.uah.edu/Catalog">http://Osher.uah.edu/Catalog</a>.



# OLLI CALENDAR

A Calendar of Upcoming Events will be published in each edition. Committee Chairs should contact Nancy Darnall at nbd51@icloud.com or Maxine Doherty at maxine.doherty@uah.edu to add items. Check your Weekly E-news for updates and details.

Month	Time	Event
September 8	1:00-2:00 pm	Facilitator Training, WIL 226 (CR)
September 8	3:00-5:00 pm	Archimedes Exhibit, US Space and Rocket Center, meet at the ticket desk at 3:00 pm. Admissions Charge (E)
September 8	4:30-7:30 pm	Biergarten, US Space and Rocket Center, Point of Contact, Jane McBride. Purchase food and beverage, no admission charge. (E)
September 9	10:00-noon	Popcorn and a Movie: People Will Talk, WIL 152. No Admission Charge (E)
September 12		OLLI Fall Classes Begin (Check your class schedule for start dates, times, etc., which may vary.)
October 16	2:00-4:30 pm	Huntsville Pilgrimage Association's Maple Hill Cemetery Stroll, (E)
October 23	2:00 pm	Huntsville Ballet Company's <i>Unplugged: Stage Door Canteen</i> , Von Braun Center Playhouse. Bonus preview at 11:45. See Joan May or Dannye Drake for tickets. Admission Charge. (E)
November 4	12:00-2:00 pm	OLLI Teacher Appreciation Luncheon, Trinity United Methodist Church, Donation requested. (S)
November 9	8:00 am -6:30 pm est.	Flash Trip to Nashville: Fontanel, Café Fontanella, Prichard's Distillery (Natchez Hills), Charge. Point of Contact, Nancy Darnall. (E)
November 16	8:00 am -6:30 pm est.	Flash Trip to Nashville: Travelers Rest, Loveless Café, Belle Meade Plantation, Belle Meade Winery. Charge, Point of Contact, Nancy Darnall. (E)
December 8	TBA	OLLI Holiday Party, UAH Conference Training Center. Admission Charge. (S)

Join your OLLI friends at these events scheduled by Events (E), Curriculum (CR), and/or Social (S) Committees; PCS; and UAH. Remember to check your Weekly E-news for the latest information on these and other activities. OLLI membership is required for OLLI activities. More details are available in the Committee Sections of this *OLLI Insider*.

Learning never exhausts the mind. — Leonardo da Vinci





Nancy Darnall Chair

New for our 2016-17 OLLI year is the combining of our Cultural and Special Events Committees. Over the past few years, the two committees developed more and more overlapping activities. We plan to offer you a variety of cultural, educational, and other activities. If you have an interest in serving on the committee or wish to offer suggestions about local industry tours or other events, please contact Nancy Darnall at nbd51@icloud.com.



September 8, Thursday, 3:00-5:00 pm (approx.) The Science of Archimedes, U.S. Space and Rocket Center. "The Father of Modern Science" is showcased in this exhibit of inventions and scientific discoveries. Although many of the machines of the ancients are centuries old, many have been adapted for use today. Meet at the Ticket Desk in the Space and Rocket Center main building.

September 8, Thursday, 4:30—7:30 pm, Biergarten at the U.S Space and Rocket Center, Davidson Center, Join us for authentic German cuisine, imported and domestic beers, and German wines.

This is a family friendly event and leashed dogs are welcome. Entrée prices start at \$10 and beers at \$4.50. Contact Jane McBride at janemcbride@knology.net. Come when you are ready or after you visit the Archimedes exhibit. No reservations necessary. OLLI receives a portion of proceeds from the event.

The reception to our first **Popcorn and a Movie** on August 11<sup>th</sup> was exciting. Twenty-two folks came to be spellbound by The Eye in the Sky.

September 9, Friday, 10 am to noon, Popcorn and a Movie will feature People Will Talk, a 1951 film. "Screen legend Cary Grant stars as a lovable professor and head of a medical clinic, who becomes the subject of a McCarthy-style investigation initiated by a jealous colleague (Hume Cronyn). But as the witchhunt into the good doctor's personal life progresses, so do the laughs in this well-crafted, all-star treasure..."



OTE

October 16, Sunday, 2:00-4:00 pm, Huntsville Pilgrimage Association's Maple Hill Cemetery Stroll. Meet at the flag pole at 2:00 pm or stroll on your own. No charge. Watch for any weather notifications which can cause cancellation or delay.

October 23, Sunday, 2:00 pm, Huntsville Ballet Company's Unplugged: Stage Door Canteen, Von Braun Center Playhouse. Contact Joan May (jmikemay@comcast.net) or Dannye Drake at (stagestruck@wowway.com) for tickets, starting September 19. \$15. Come early (11:45 am.) for the OLLI bonus of Director Phillip Otto discussing the production, viewing dancer warm-up, and a backstage tour.

November 9, Wednesday, 8:00 am—6:30 pm (est. return), FLASH Trip to Nashville, TN. Visit Barbara Mandrell's former home, Fontanel, a 27,000 square foot log cabin, eat lunch at Café Fontanella, and attend a tasting at Prichard's Distillery in Natchez Hills. Transportation, admissions, and lunch included for \$75.50. Contact Nancy Darnall at nbd51@icloud.com. Pay online via PayPal after confirming space.

November 16, Wednesday, 8:00 am—6:30 pm (est. return), FLASH Trip to Nashville, TN. Visit Travelers Rest, lunch at the Loveless Café, tour Belle Meade Plantation and the Belle Meade Winery. Transportation and admissions included for \$57.00. Lunch not included. Contact Nancy Darnall at nbd51@icloud.com. Pay online via PayPal after confirming space.



Special Broadway Theatre League for 2016-17. \$59/Orchestra II ticket for each of three shows (\$177 for all three). OLLI Bonus with each show. To be determined per show. Von Braun BROADWAY Center Mark C. Smith Hall. Currently limited to twenty (20) tickets per performance. Buy all now or take your chances! Contact Nancy Darnall at nbd51@icloud.com.

November 19, Sunday, 2:00 pm, Dirty Dancing. The classic story on stage presents heart-pounding music, passionate romance, and sensational dancing. You'll have the time of your life!

**January 7**, Sunday, 2:00 pm, **42nd Street**. The guintessential backstage musical comedy classic is the song and dance fable of the American Dream story.

September 19, 2017, Tuesday, 7:30 pm. Opening night of Motown the Musical. A jukebox musical based on Motown founder Berry Gordy's autobiography To Be Loved is a history of our favorite hits and stars.



# Campus Help

So, you've signed up for four (or six or twelve) OLLI courses. You are going to be on campus for three hours (or ten). What's for lunch? Or breakfast? Or dinner? There are several on campus options which offer a variety of food styles at reasonable prices. And—you don't have to move your vehicle!

Facility	Location	Operating Hours*
Bevill Center	Gardenview Café	Mon – Fri Breakfast 6:00 – 8:30 am Mon – Fri Lunch 11:00 – 1:30 pm Mon – Fri Dinner 5:00 – 7:00 pm Sat – Sun Continental Breakfast available from 7:00 am – 10:00 am
Blue's Convenience Store and Boar's Head Deli	Charger Village Food Court	Mon –Thu 10 a.m. – 8:00 pm Fri 10:00 am – 6:00 pm
Chick-fil-A	Charger Village Food Court	Mon – Thu 7:00 am – 8:00 pm Fri 7:00 am – 6:00 pm
Papa John's	Charger Village Food Court	Mon – Thu 11:00 am – 8:00 pm Fri 11:00 am – 5:00 pm
Blue's Tech Hall	Technology Hall, Room N-105	Mon – Thu 11:00 am – 2:00 pm Mon – Thu 4:00 – 6:00 pm Fri – Sun Closed
Charger Brew	Conference Training Center	Mon – Fri 7:00 am – 2:00 pm
Charger Brew	Salmon Library	Mon – Thu 10:00 am – 7:00 pm Fri 10:00 am – 4:00 pm
Charger Café	Conference Training Center	Mon – Fri Breakfast: 7:00 – 9:00 am Continental Breakfast: 9:00 – 10:00 am Lunch: 11:00 am – 2:00 pm Mon – Thu Dinner: 4:30 – 8:00 pm Fri Dinner: 4:30 – 7:00 pm Saturday – Sunday Breakfast: 8:00 – 9:00 am Lunch: 11:00 – 1:00 pm Dinner: 5:00 – 7:00 pm
Dunkin' Donuts	Charger Union	Mon – Thu 7:00 am – 8:00 pm Fri 7:00 am – 6:00 pm Sat-Sun 9:00 am – 4:00 pm
WOW Café	Charger Union	Mon – Fri 11:00 am – midnight Sat – Sun 4:00 – 10:00 pm
Sandella's Flatbread Café	Conference Training Center	Mon –Thu 10:00 am – 7:00 pm Fri 10:00 am – 3:00 pm

Above information and much more is from the Revised OLLI Member Handbook, available online at <a href="http://osher.uah.edu/OLLIMemberHandbook">http://osher.uah.edu/OLLIMemberHandbook</a>

Another option many OLLI members choose is to bring a lunch. Meet new and returning members in the OLLI Lounge, Wilson Hall 152D. There is a fridge (short-term storage, only), a microwave, coffee maker, and toaster available for members. There are tables and chairs, often with overflow space in the classrooms when classes are not meeting. We do not have a maid service; please clean up after yourself!

Sometimes, you'll find baked goods or other treats on the counter or table to share. Feel free to sample the goodies and to contribute your favorites if you like.



## Thanks to our Donors



Ken Rex Chair

The inaugural year of our OLLI Support Fund exceeded our goals and expectations. Our generous members and supporters contributed over \$14,500 this year. This project has its basis in recognition of the ongoing need to supplement the finances of our Osher Lifelong Learning Institute at The University of Alabama in Huntsville as our goals and vision expand with our membership. Below is the listing of our donors for 2015-16. If your name has been omitted, misspelled, or entered in a way you would like changed, please accept our apologies and contact Ken Rex at khrex@aol.com or Maxine Doherty at Maxine.doherty@uah.edu for corrections. Thank you for your generous donations.

Contributions to the OLLI Support Fund provide ongoing operational support for our program.

**Anonymous** 

Dr. Robert and Ms. Beth Altenkirch

Ms. Cathy Anderson

Ms. Cathy Bailey

Ms. Leah Black

Mr. John Blair

Mr. Billy and Ms. Joy Boland

Mr. and Ms. Brink

Mr. Stanley and Ms. Janet Brockway

Dr. P. Samuel Campbell

Dr. Richard and Ms. Sue Campbell

Mr. Carl and Ms. Marianne Case

Dr. C. and Ms. Alice Chang

Ms. Sue Chatham

Ms. Verna Clark

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Mr. and Ms. Al Cruze

Mr. Bob and Ms. Nancy Darnall

Dr. John and Ms. Linda Dimmock

Dr. Maxine and Mr. Tim Doherty

Mr. Earl and Ms. Kay Eastin

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Mr. Donald Sieja

Mr. James and Ms. Kathie Szeredy

Ms. Kitty Talley

Ms. Nancy Thompson

Mr. George Thurlow

Ms. Jackalyn Wilcox

Ms. Marian Williams

Mr. Allan and Ms. Jan Williamson



## SPECIAL THANK YOU



Nancy Darnall Chair

Thanks to the foresight and generosity of our legacy OLLI members (formerly the Academy for Lifelong Learning at UAH), OLLI members support the OLLI Undergraduate Scholarship Fund. This fund now has a principal of approximately \$60,600. The donations have been made in honor of and in memory of many individuals. All donations are tax-deductible. Thank you to our 2015-16 donors. Please continue to remember us in your annual giving planning. If your name has been omitted, misspelled, or entered in a way you would like changed, please accept our apologies and contact Nancy Darnall at nbd51@icloud.com or Maxine Doherty at Maxine.doherty@uah.edu for corrections. Thank you for your generous donations.

## **OLLI Scholarship Donors**

Mr. Harold and Ms. Ann Carey

Mr. James and Ms. Adelaide Cape

Ms. Eleanor Carter

Mr. Alvin Cruze

Mr. Bob and Ms. Nancy Darnall

Mr. Dirk Drawe

Mr. Charles Duffy

Mr. Carter Brantner and Ms. Mary Galbreath

Ms. Basye Holland-Shuey

Ms. Jane McBride

Ms. Barbara Miller

Ms. Olga Morawe

Dr. Ken Rex

Mr. James and Ms. Gretchen Rider

Mr. John and Ms. Eleanor Schweinsberg





## SOCIAL COMMITTEE



Leah Black Chair

It won't be long now! OLLI classes resume September 12. Your Social Committee has been hard at work planning our events for our fall session. Mark your calendars for our two upcoming social activities. Classroom facilitators will keep you up to date with announcements and ticket sales information.

November 4, Friday, noon–1:30 pm., Teacher Appreciation **Luncheon**, **Trinity United Methodist Church**, lunch served at approximately 12:30. Join us in thanking our volunteer Instructors for their time and efforts in the OLLI classroom. Pizza, salad and



desserts are on the menu. Non-teachers are asked to make a \$3.00 donation towards the cost.

**December 8,** Thursday evening, time TBD, **OLLI Holiday Party, UAH Conference Training Center.** Dinner and dancing to celebrate the holidays. Tickets will be available later in the fall. Watch your **Weekly E-news** and **OLLI Insider** for more details.

Come volunteer with the Social Committee. Everyone works together to make fun things happen, and it's great to see how much enjoyment the members get from the events. If you enjoy helping plan events, creating decorations, or providing the physical energy to get it all done, come join us. We would love to have you. The more hands, the less work for any one of us. You can contact Leah Black at leahblack01@comcast.net for information on our next committee meeting.

## PR Committee



You will be seeing this statement everywhere. It is the slogan for our Public Relations Campaign. Between now and the Teacher Appreciation Luncheon on November 4, challenge your buddies to **Are You?** bring new members to OLLI. Can you bring one, two, three new members?



Jennifer Brewer Chair

We are all OLLI Advocates, but now you will be recognized in our newsletters and at the Annual Teachers' Appreciation Luncheon. The kickoff began during the Registration Celebration on August 11. Window film decals will available from our class facilitators for display on your vehicles or wherever you wish to apply them.



## Do You Know Our Staff?

OLLI is largely a volunteer-run organization, but we also have a five-star support staff. They shy away from publicity; some do not want their photos taken and others were out on missions when photos were being taken, but they are so valuable to our continued success that your editor wanted to provide recognition to those wonderful folks. If you need assistance, please contact Maxine Doherty, our Program Manager, who will make certain you get the help you need as quickly as it can be done.





From top left: Maxine Doherty, Alice Sammon, Jessica Clunan, C. Hughey.

Not pictured: Pat Bellknap, Steve Landry, Fathia Hardy, Amber Capello, and PCS Dean Karen Clanton.



**The OLLI Insider** October issue submission deadline is Sunday, September 17. (Early is better!) Please submit your articles to Nancy Darnall at <a href="mailto:nbd51@icloud.com">nbd51@icloud.com</a>. Any OLLI photos are welcome; just send them to the newsletter. As always, please include the photographer's name, the names of those in the photo, and the event shown. Thank you.



## **CANADA 2016**



Linda McAllister Travel Coordinator, Photographer, Reporter

[To be absolutely fair, the job titles at left were assigned by your editor. Linda McAllister and Bill McAllister set fine examples for selecting travel sites and companies as well as publicizing trips and keeping our OLLI travelers informed. This is adapted from Linda's article for Road Scholar, our travel company for our 2016 Canada Adventure.]

#### **Exploring Beautiful Eastern Canada**

In late July, our Osher lifelong learning group of 38 (mostly seniors with four daughters) from the University of Alabama in Huntsville enjoyed a fabulous Road Scholar trip in Eastern Canada. Our trip *All Aboard the Ocean: Quebec to the Maritimes by Train* offered several informative lectures, docent-led museum tours, walking tours exploring cities and villages, exceptional food, and comfortable transportation through three provinces by coach, boat and train.

Many of us were eager to escape our high temperatures and humidity in Alabama as we traveled north, and we were surprised to find Canada having what they called a heat wave. Nevertheless, we found their weather was quite pleasant although quite a

bit warmer than we planned. Their lower temperatures and rainfall produced bountiful flowers and every city and town took pride in colorful beds and flower pots. Our jackets, sweaters, and long-sleeves were not as necessary as we expected.

Not only were the cities and fishing villages clean and prolific with flowers, but we also felt safe. Their population is diverse with gracious and kind people everywhere we traveled. Learning about the influences of the French, English, First Nations and Acadians broadened our understanding of the cultural history in this area of Canada. Our tour began in Montreal and, as we traveled east, we also discovered the discrete terrain and geography in the provinces of Quebec, New Brunswick, and Nova Scotia. We explored major cities, fishing villages, fertile farmlands, and unique places such as the Hopewell Rocks with its mighty tidal range in the Bay of Fundy. Though we enjoyed the bustling cities of Montreal and Quebec City, concluding our tour in the quiet fog of Peggy's Cove and the historic seaside town of Lunenburg was a favorite respite for many.

Every meal provided by Road Scholar was outstanding whether it was local seafood served to perfection or delicious French cuisine. On our lobster boat tour we learned exactly how to eat a lobster. And we had just enough free time to explore and find French crepes or ice cream on our own. Each of us probably arrived home with a few extra pounds as well as luggage stuffed with appropriate souvenirs.

Every aspect of the trip was exciting and an educational adventure. It was fun to be traveling with a very compatible group from our Osher Lifelong Learning Institute (OLLI) in Huntsville, Alabama. Our Road Scholar connections for reservations and travel were thorough and responsive throughout our planning months as were our group leaders who took care of every detail while on the twelve-day trip. Hurrah for another travel and learning adventure!

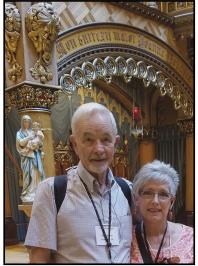
Traveling with OLLI members and their daughters as well as the kind and diligent trip leaders was a warm experience for us all. As we coped with the minor inconveniences of international travel— cell phones, currency exchange, minor physical ailments— and a couple of larger events which were resolved within our talented convoy, we made new friends, expanded our experiences, and came home changed in only the ways travel and friendship can effect. That OLLI at UAH can help provide our members with a nurturing and educational environment is another plus for our program.



## CANADA 2016 PHOTOS

One of the outstanding opportunities OLLI offers is group travel. This year's trip to Canada was fun and educational. Of course, in addition to food, natural beauty, history, and fellowship, the discussion on the coaches, in the shoppes, and at the table included family stories, life experiences, and the current political events in the United States. Canadians (and the world) are watching our election 2016 unfold. Don't forget the final installment of *Election 2016* this fall on Thursday mornings.













Canada photos courtesy of Bob and Nancy Darnall, Linda Harmon, Chris and Bill Johnson, Linda and Bill McAllister, and Jane McBride.



# MORE CANADA PHOTOS











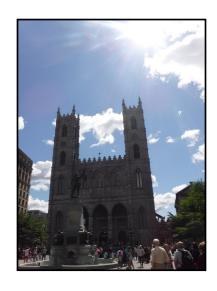




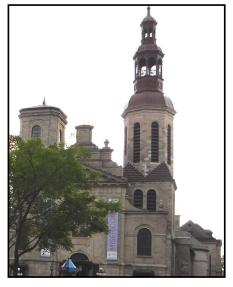




# **And More OLLI Canada Photos**















Photographs courtesy of Linda McAllister, Bob Darnall, and Jane McBride.





# How Did You Spend Your Summer?

OLLI member and instructor Lori Connors painted a mural on her fence. She is teaching *Brushstrokes: Painting with Friends* in two four-week sessions this fall.



Photographs courtesy of Lori Connors.



Bob Darnall and grandson LJ (to his right and in the foreground, ziplining) toured Costa Rica with eleven other grandparents and nine grandchildren on a Road Scholar Intergenerational Adventure. Bob is teaching *Beginning Bridge* this fall.





Photographs courtesy of Bob Darnall.



Jennifer Humiston's Oregon granddaughter and her family packing their van for the trek to the Greenhorn Creek Guest Ranch near Quincy, CA, for a Road Scholar Intergenerational Vacation horseback riding. Sarah and Erik planned a separate adventure.

Jennifer leads a Spring course, *Oh! The Places You'll Go,* featuring OLLI members who present photographic tours from their travel experiences. Contact Jennifer to be a presenter.

Photograph courtesy of Jennifer Humiston.



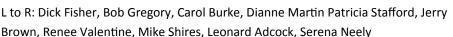
## How Did You Spend Your Summer?

## **OLLI Tennis MIG**

The OLLI Tennis MIG started the summer out with a tennis clinic with the UAH tennis pro Mike Shires. What a great 6 weeks! With Mike's help everyone improved their tennis game and had lots of fun doing so. Since the beginning of June, the Tennis MIG has met every Tuesday morning at 9 am to practice. We are currently meeting at the public tennis courts on California Street. There is not a charge, just a lot of fun. No matter your level of play, anyone interested in joining us is more than welcome. Once in a while we change our venue so to stay up to date as to where we are meeting send to Sue at <a href="mailto:chatham@knology.net">chatham@knology.net</a> your email address and I will add you to my list. Come join the fun!!

#### Sue Chatham









L to R: Dianne Martin, Jerry Brown, Leonard Adcock



Lonnie Younger



Bill White



L to R: Dick Fisher, Renee Balentine, Patricia Stafford

Photographs courtesy of Sue Chatham.



# Osher Hiking Member Interest Group (MIG)



OLLI Fall hikes will be from September 8-November 11. Join fellow OLLI members on those warm and sometimes crispy, colorful fall mornings for fun, fitness and camaraderie on the trails in the Huntsville area. We will try a mix of trails on Green Mountain, Monte Sano, Wade Mountain and other locations. The easier hikes are on Thursdays and the more challenging ones on Fridays-all in the morning. We have three new hikes for this fall-including two that were recently opened by the Land Trust and another Land Trust location not open to the public with the highest waterfall in Madison County. You will not need a lot of equipment: sneakers or hiking boots, a walking stick are the basics. Hiking is free if you are an OLLI member! If you want to join and you have not been with us send an E-mail to: OLLIHIKING@gmail.com, give your E-mail and ask to join our group.



OLLI classes, MIGs, and activities can stimulate many parts of your brain. This chart helps identify the areas of our curriculum which can stretch your brain! We all have our comfort zones. Just one step outside the box can change the way you see the world. Try something new! If not this session, think about it for your future.



## FALL 2016 WEEKLY BONUSES

The Weekly Bonuses for the Fall 2016 session will be on Wednesdays in Wilson Hall 001 (the Auditorium) from 10:30 to noon. These programs are offered as one of the OLLI member benefits and are open to members only. Purchase memberships on the day of the bonus in Wilson Hall 103.

#### Sep 14 – Reverse Mortgages – Bob Garczewski

Most of us hope to live comfortably in the safety and security of our own homes for many years to come. But what if the uncertain financial climate has forced you to think about other housing options? Hear Bob Garczewski tell about the facts, dispel the myths, and discuss how reverse mortgages could help those in need of assistance to remain in their homes.

### Sep 21 – The Celluloid South: A History in Film – Dr. Jennifer Garlen

Don't miss Dr. Jennifer Garlen's presentation focusing on the ways in which classic Hollywood films depicted the American South from the silent era through the 1950s. Hollywood movies perpetuated many stereotypes, including images of the South. Particular attention will be given to films like *The General* (1926), *Gone with the Wind* (1939), *It's a Joke, Son!* (1947), and *No Time for Sergeants* (1958).

### Sep 28 – Patagonia – Tom Ress

Sit back, relax, and enjoy taking an armchair trek through Patagonia and Torres del Paine National Park with avid traveler, adventurer, and freelance writer Tom Ress. View astounding images as you experience Chile's natural beauty. Continue your journey with stops in Santiago, Buenos Aires, and Uruguay to complete your South American adventure.

### Oct 5 - Ireland by Foot, Van, Boat and Train - Ray Mulcahy

Discover Ireland! In this multi-media presentation about travels in Ireland, we will see beautiful images of the Emerald Isle, including coastlines, cottages and landscapes. You will hear interesting stories and join in a lively discussion of traveling through this magical island.

#### Oct 12 – It's OK to Die – The Myths and the Reality – Dr. Monica Williams-Murphy

Emergency Room physician, Dr. Monica Murphy performed, "emergency chest compressions on a 100-year-old nursing home patient with advanced dementia" because she had neither a living will nor a "do not resuscitate" order. Hear how Dr. Williams-Murphy developed a way to help anyone over 65 or facing a terminal illness plan ahead and document how and when they want lifesaving measures taken.

#### Oct 19 – For the People – Allen Brinkley

Fascinated by the application of our laws and the legal system? Don't miss legal expert and The People's Court instructor Allen Brinkley's fascinating presentation about his 40 years in the legal system as a trial and appellate practitioner. With cases ranging from murder, manslaughter, personal injury, and medical malpractice—as well as trust and estate litigation, you'll understand why Mr. Brinkley set the record for the largest verdict ever rendered in Madison County.

#### Oct 26 – Therapy Partners – Beth Roberts and Sutton

Did you know that interacting with a friendly pet can help reduce blood pressure and improve overall cardiovascular health, release endorphins that produce a calming effect, assist in pain management, reduce stress, and improve your overall psychological state? Hear how our local Therapy Partners teams provide services to 10 schools and 15 facilities.

#### Nov 2 – Renovations Large and Small – Sharon Kay Ashby

There are small and large steps that you can take to make a huge difference in your home renovations. Whether you are planning to do renovations and stay in your home or planning to sell, learn about current codes, permits and how to find and work with contractors. Don't miss this chance to let Sharon Kay Ashby help you make wise decisions on home renovations.



## **SPAIN 2017**



# ONLY FOUR ROOMS LEFT! ALMOST SOLD OUT!

## Capitals of Spain, Spring Break 2017

Time is running out if you haven't made your reservation. Consider traveling to Madrid, Valencia, and Barcelona, Spain, in March of 2017. The departure date will be March 20 for fourteen days including travel days, twelve nights in Spain. See cultural and historic sites, museums, taste Spanish specialties, and travel with your OLLI friends. Our trip is booked through Grand Circle Travel, the company that coordinated the 2015 trip to the United Kingdom. Go to www.gct.com/csp17 for information about the trip. This trip has space for up to 41 participants. Brochures are available in the OLLI office or contact Nancy Darnall at nbd51@icloud.com to receive one in your email. (This can be a slow process due to the size of the brochure file.)

- ◆ Call Grand Circle Travel Reservations (1-877-220-2540), Option 2.
- Advise the travel counselor that you want to register for Capitals of Spain in March 2017.
- Mention Group Code G7-26157 (This assures you that you are with our OLLI tour.)

Grand Circle offers a "Good Buy Discount" which is calculated by using the date of your deposit. Land and air cost for the trip is \$3515, leaving from Huntsville. Land only is \$2395. There are three optional tours within the trip and options to Bilbao and San Sebastian before and Malaga after.

A video is available at this site: http://Osher.uah.edu/SpainVideo

The OLLI Curriculum Committee is offering classes this fall and winter to support this travel and to share with our armchair travelers. The Events Committee will schedule suggested movies as well.



## We Thank Our OLLI Sponsors



A revolutionary active senior living complex in Huntsville is now pre-leasing! Located just off Research Park Boulevard, the Lodge at Johns Road is an apartment community designed for adults who are ready to enjoy the independence of hassle-free living.

451 Johns Road
Huntsville, AL 35806
256-721-7555
www.lodgeatjohnsroad.com





#### 2016-17 Season:

#### Unplugged: Stage Door Canteen

October 21, 22 at 7:30 pm, October 22, 23\* at 2pm., VBC Playhouse

#### The Nutcracker

December 9, 10 at 7:30 pm, December 10 at 2 pm, December 11 at 1 pm, VBC Mark C. Smith Hall.

#### American Spirit and Billy the Kid

April 8, 9\* at 2pm, April 8 at 7:30 pm. VBC Mark C. Smith Hall.

\*Special OLLI pricing and bonus.



# FALL REGISTRATION CELEBRATION AUGUST 8, 2016

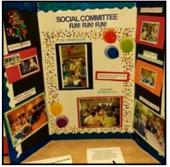




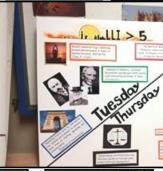












Photos courtesy of Bob Goodwin and the OLLI Facebook page.











## **2017** Southern Regional Conference

Maxine Doherty, Nancy Darnall, and Bob Darnall attended the Southern Regional Conference for Learning in retirement at the University of Alabama in Tuscaloosa on August 3-5. This conference was an opportunity for OLLIs and other Lifelong Learning organizations to compare programs and discuss ideas that either did or did not work well. Several organizations, including OLLI at UAH, presented programs on how they had increased their membership numbers. The majority of these involved going out to different locations (retirement communities, nearby towns, etc.) to inform potential members about their course structures. It is known that the best method to bring in new members is through personal invitations.

Other topics presented at the conference including redefining diversity, expanding travel opportunities, utilization of local resources, selection of member registration software, and coping with limited resources (financial, classroom space, staff/volunteers). We also learned about speaker tips and leadership/faculty recruitment.

A big positive for us was that our OLLI at UAH has a remarkable program. Our costs, curriculum, membership, and activities make us both competitive and a real value in lifelong learning. The other OSHER programs in Alabama, at Tuscaloosa and Auburn, are also outstanding. We accomplish so much with our talented staff and leadership, which can span so many areas of learning through our generous volunteer cadre.

In 2017, Eckerd College in St. Petersburg, FL., will be hosting the conference in August. Make a note on your calendar. It is a trip worth making.



## Making the Best of Aging!

"Aging is an inevitable process. I surely wouldn't want to grow younger. The older you become, the more you know; your bank account of knowledge is much richer."

William Holden

Follow our Facebook page: **Osher Lifelong Learning Institute at UAH**. There are posts about classes, photographs, and updates on all kinds of activities. Another way to keep in touch with our OLLI family.

**The OLLI Insider** October issue submission deadline is Saturday September 17. (Early is better!) Please submit your articles to Nancy Darnall at <a href="mailto:nbd51@icloud.com">nbd51@icloud.com</a>. Any OLLI photos are welcome; just send them to the newsletter. As always, please include the photographer's name, the names of those in the photo, and the event shown. Thank you.

The Osher Lifelong Learning Institute at UAH is proud to be part of the national Osher Institute.



An Affirmative Action/Equal Opportunity Institution

Osher Lifelong Learning Institute at UAU 18 Wilson Hall, Room 113 Peg82R JA ,ahlivsull

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THE UNIVERSITY OF ALABAMA IN HUNTSVILLE

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