

# THE OLLI INSIDER

# News For Members of the Osher Lifelong Learning Institute at UAH September 2018

Wilson Hall Room 113 Huntsville, AL 35899 256-824-6183 olli@uah.edu Osher.uah.edu

#### Your OLLI President's Message



Gratia Mahony President

Classes at OLLI this fall mark 25 years of lifelong learning on the campus at UAH. Each year since the founding of the Academy for Lifetime Learning in 1993 seniors have come to UAH to exercise their minds and participate in course offerings. The number of subjects offered in the developing curriculum, and the number of students coming to the campus to learn has increased steadily ever since. In 2005 the Academy officially became part of the Bernard Osher Lifelong Learning Institute. This year we celebrate 25 years of excellence in learning opportunities for seniors at UAH.

The celebration will consist of an Anniversary Speaker Series open to the public, OLLI members, and their guests. On October 26, 2018, Wayne Flynt, noted Alabama historian, author and Professor Emeritus at Auburn University, will present his entertaining lecture, "Pulitzers and Politics: The Alabama Legacies of Harper Lee and George Wallace". On November 9, Peter Baldaia, Director of

Curatorial Affairs at the Huntsville Museum of Art, will tell us about the current exhibit with his lecture, "Behind the Scenes of Louis Comfort Tiffany—Treasures from the Driehaus Museum". And, on December 7, Bob Labbe, pop music historian and WLRH radio host will present "Reelin' in the Years: Pop Music from 1950s-1990s". All three events will be held in room 103-B in the Nursing Building on the campus of UAH. Each event will begin at 1:00 p.m. Parking on these Friday afternoons will be an easy walk from Spragins Hall or the Conference Training Center lots.

Meanwhile, the OLLI fall term is in full swing and members are enrolled in some exciting classes. New this term are courses: "Digging into DNA," "Music Theory (And More) for the Listener," and "English Language and Vocabulary Building" among others. I hope you are all enjoying the company of your friends at OLLI and that you all will catch the spirit of OLLI as we celebrate our 25th year.

Gratia Mahony, President

#### **OLLI Needs Your Support**

Don't forget the OLLI Support Fund. No matter how small, every donation is appreciated.

Go to: Osher.uah.edu/DonateOLLI



# **OLLI CALENDAR**

Month	Time	Event
9/10/18	8:45 a.m.	FIRST DAY OF FALL TERM!
9/14/18	10:30 a.m.	Popcorn & A Great American Read movie: <i>To Kill a Mockingbird</i> . Room 152-C Wilson Hall. POC: Jean Greenwood (meanjean@knology.net).
9/14/18	4:00— 6:00 p.m.	<b>25th Anniversary Celebration Reception</b> . Lowe House, Invitation Only. POC: Janet Reville ( <u>jrev1988@gmail.com</u> ) or Sue Chatham ( <u>suechatham@gmail.com</u> ).
9/21/18	10:30 a.m.	Bonus presentation: "End of Life Decisions", Monica Williams-Murphy, M.D. WIL 168. POC: Rick Schwarz (richard.schwarz2@gmail.com).
		Bonus snack in OLLI Lounge following presentation.
9/25/18	5:30 p.m.	Dining Out Member Interest Group: Cantina Laredo, Bridge Street Mall, Order from menu. Sign up sheet in OLLI Volunteer Office—we must have a head count. POC: Sandra Dabrowski (dabros1@comcast.net).
9/28/18	10:30 a.m.	Popcorn & A Great American Read movie: <b>Memoirs of a Geisha</b> . Room 152-C Wilson Hall. POC: Jean Greenwood (meanjean@knology.net).
10/1/18	3:00-10:00	Brews to Benefit. Campus 805/Straight to Ale (2610 Clinton Avenue —old Stone Middle School). \$1.00 from each pint purchased will go directly to OLLI at UAH.
10/5/18	10:30 a.m.	Bonus presentation: "Birding in South Africa with Herb Lewis". WIL 168. POC: Rick Schwarz ( <u>richard.schwarz 2@gmail.com</u> ).
		Bonus snack in OLLI Lounge following presentation.

Contact Linda Lowe (Ilowe38@gmail.com) to add an OLLI sponsored event.



## **OLLI Parking Information**

Please remember you must have a parking hang-tag displayed on your mirror or an official issued handicap hang-tag or handicap license plate. To obtain a hang-tag you must fill out the UAH parking permit form and take it to the CPCS registration office (room 103 Wilson Hall). You can download the form at Osher.uah.edu/OLLIParkingPermit or fill one out in the registration office. Note: you must be registered for the term in order to obtain a complimentary hang-tag. If you are not registered for courses, the cost is \$10.

OLLI members are considered "commuters" and must park in the computer <u>parking spaces</u> (exception: handicapped). Look for the signs with a white dot. If there is no space in front of Wilson Hall, you can use the parking lot at the Executive Plaza complex on the west side of Sparkman Drive across from the Bevill Center. It is a short walk to Wilson hall and there is now a red-light button at the cross walk. Come a bit early to insure time to park and get to your class room.





#### **OLLI** is Stronger with its Volunteers!

If you have an interest in becoming an OLLI Ambassador and assist in the UAH College of Professional and Continuing Studies OLLI office, please contact Alice Sammon at <a href="mailto:alice.sammon@uah.edu">alice.sammon@uah.edu</a> or 256-824-6183.

If you would like to assist with snacks after the weekly Bonus please contact Rexanne Warfel at rewarfel@yahoo.com.

If you would like to help staff the OLLI Volunteer Office, contact Irene Garoppo at igaroppo@knology.net.

If you would like to be the editor of the *OLLI Insider* newsletter, please contact Member Services Chair, Jerry Pang, at pang 7713@gmail.com.



## **Fun Between Terms**

In early August OLLI members attended a painting party at "Pinot's Palette" in west Huntsville. After a brief social period, they got to work and created their own masterpieces.



About a dozen OLLI members traveled to Vancouver, British Columbia, August 4 to begin a rail trip through the Canadian Rockies ending in Calgary, Alberta on August 12 and back home with souvenirs and memories.

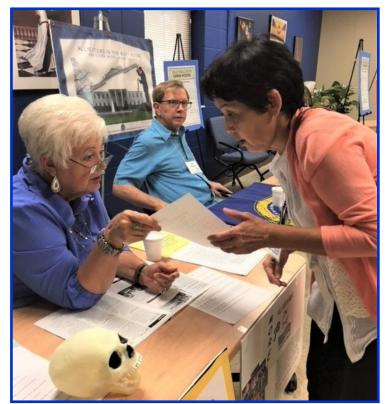
Photos by Linda McAllister





# OLLI Fall Term Registration Open House

It is always a pleasure to host our pre-term registration open house in August, January and April. It gives members a chance to catch up with friends and register if they haven't yet. Also, it gives us an opportunity to meet new members and prospective new members and show them around. Our Fall Term open house was held on August 29th and, despite rain, we had a large attendance. We look forward to getting to know our new members when classes begin on Monday, September 10 at 8:45 AM.





Photos by Linda McAllister





## **CURRICULUM COMMITTEE**



Linda McAllister
Curriculum Chair

As we prepare for the opening of our 25th year of lifelong learning courses and activities at UAH, I am excited with the energy that abounds. Many volunteer leaders stepped up to prepare for our Open House and Fall Term classes. New folks are registering for classes and stopping by Wilson Hall every day just to see who we are. Fathia Hardy and Alice Sammon, our College of Professional and Continuing Studies staff, are working long hours to make sure we have classroom space, needed equipment, and a pleasant setting for our gatherings.

There were many great courses and field trips offered during the summer and some of our Member Interest Groups (MIGs) were very active, but now we can look forward to the huge influx of old and new members coming back to class this fall.

It was a pleasant surprise when a new member of our Curriculum Committee said to me after a recent monthly meeting, "I am really impressed with this committee." And, yes, I am also. Discipline Chairs work tirelessly contacting instructors and working out details for courses they want to teach. Then, as the time approaches for classes to begin, Discipline Chairs are busy recruiting facilitators to help in each class with announcements. (By the way, this is always a good way to volunteer for OLLI. It's easy and, of course, you will only be asked to facilitate a course you will be attending.) And then

finally, Discipline Chairs follow up with instructors during the teaching term as well as with the evaluations at the end of the term.

Other members of the large Curriculum Committee are always supportive and full of ideas for stimulating curriculum that would be of interest for our demographic. Through the networking and knowledge that many of us have with our community, we are fortunate to be able to find many willing volunteers who are eager to share their knowledge, life experience and skills with our lifelong learners.

And then, finally, our Curriculum Committee is always excited to stage our Open House Event prior to an upcoming term. We had fun planning door prizes, refreshments and even shoving tables around to set up for the event. It is always a fun group effort. If you are interested in being on this dynamic committee at OLLI, let me know (wmca@hiwaay.net). We meet on the third Friday of each month at 1:00 p.m. in room 152 Wilson Hall and you are welcome to join us in planning and sustaining a vibrant curriculum for lifelong learners. Volunteering will make a difference for you and for OLLI.

Linda McAllister Curriculum Chair

OLLI Members: if you see someone in the hall looking a little lost, greet them, show them to their classroom, invite them to the Lounge for a cup of coffee. Who knows, they might be your new best friend!



## **OLLI Member Interest Groups**

#### What is a MIG?

New members may hear the term "MIG" and wonder "what on Earth is a MIG?" MIG is an acronym for "Member Interest Group". Over time, members engaged in classes have found that they want to share the experience outside of class with others in a variety of activities such as hiking, knitting, tennis, bridge and others. The MIGs do not compete with or replace the classes, they enhance the experience. If you are interested in any of the MIG activities below, contact the MIG leader to learn time and place of meetings. For the Dining Out MIG, Sandra Dabrowski will post notices of the next dining out date and location in this newsletter and the *OLLI* @ *UAH Weekly e-News* and will have a sign-up sheet in the OLLI Volunteer Office (Room 151, Wilson Hall). If it is a good fit for you, consider joining a MIG to expand and enhance your OLLI experience!

#### **OLLI Member Interest Groups (MIG)**

MIGs are open to all OLLI members. (Please note the requirement for the Tai Chi MIG.)

<u>Hiking</u>: Hikes on Thursday and Friday mornings. (Bob Goodwin, <u>OLLIHiking@yahoo.com</u>)

Dining Out: Featured local restaurants each month. Sandy Dabrowski (dabros1@comcast.net)

<u>Knitting:</u> Share your enjoyment and increase your skills. All levels welcome. Barbara Ward (bward@hiwaay.net)

Stock Study Club: Study and report on stocks to explore the world of investing. J. Phillip. (the p\_patch@knology.net)

<u>Tennis</u>: Court time and pro tournament gatherings. Judy Eckert (<u>juaeckert@gmail.com</u>)

Tai Chi: Practice sessions for members who have taken tai chi classes. Jerry Pang (pang 7713@gmail.com)

Bridge: Bring or meet a partner to play bridge for fun. All levels welcome. Bruce Machamer (bnmacham68@gmail.com)

<u>Paper Craft Card Making</u>: Meet people who share your interest in this fun activity. Diane Vaughn (g.dianne.vaughn@gmail.com)

<u>Craft Beer</u>: Learn about the variety of craft beers. Brimmer Sherman (<u>brimmersherman@gmail.com</u>)

For general information about MIGs, contact the OLLI MIG Coordinator, Linda Harman at linda.e.harman@gmail.com.



## **Public Relations Committee**



David Styers
Public Relations Chair

Hello. For those of you who don't know me, I am David Styers, and I am Chair of the Public Relations Committee. Our program assists in the promotion of OLLI to the local community. Our work complements the marketing efforts of the College of Professional and Continuing Studies (CPCS) of which we are a part.

We focus on things such as the trifold hand-out advertising of OLLI, public service announcements and public presentations about OLLI.

These in themselves may not seem much but they are, at times, complicated. Let's take for example the public service announcements for WLRH Radio. We have to make sure we reserve a place in their schedule in a timely manner since they have many more requests for announcements than they have time available. The announcement's verbiage has to be approved by both CPCS and WLRH to make sure it complies with both organizations' policies. In addition, the announcements have to be 28 seconds long. We have to have someone with writing skills to prepare the script, a timed speech pattern and a "radio" voice to do these announcements.

Working with our OLLI Program Manager and PR Committee members we have developed a slide show to use in presentations. In addition to these, our work is complemented by and interacts with the work of our Events Committee and we help to publicize their events when requested.

If you are a member of a civic organization or a group that would like a free program, contact me (2docdad@bellsouth.net). If you are creative, we could use your talents in our committee. Come sign up!

David Styers
Public Relations Chair

Dining Out Member Interest Group Tuesday, September 25, 5:30 p.m.

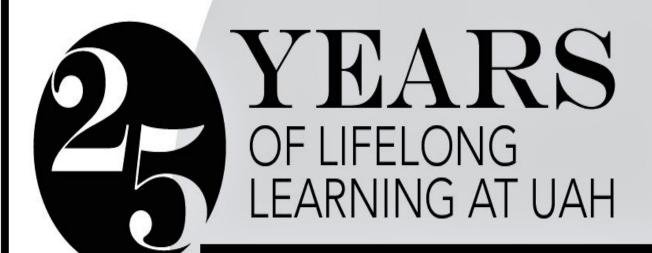
<u>CANTINA LAREDO</u>

BRIDGE STREET TOWN CENTRE

Sign up sheet in OLLI Volunteer Office



# Celebrating 25 Years of Lifelong Learning at UAH



In 1993, The Academy for Lifetime Learning, Inc. was founded with seven courses offered the first term. It attracted the attention of seasoned adults and grew rapidly.

In 2005, The Academy became one of 119 Osher Lifelong Learning Institutes in the U.S. after an endowment from the Bernard Osher Foundation to UAH. OLLI at UAH has since grown to over 1000 members and offers 70+ courses each term.

To celebrate, we are hosting a 25th anniversary speaker series. These presentations are free and open to the public. Show your friends what OLLI is all about!

Visit Osher.uah.edu/25 for more information.

October 26 - 1:00 - 2:30 pm

"Pulitzers and Politics: The Alabama Legacies of Harper Lee and George Wallace"

ANNIVERSARY SPEAKER SERIES

Wayne Flynt, noted Alabama historian, author, and Professor Emeritus at Auburn University

November 9 - 1:00-2:30 pm

"Behind the Scenes of Louis Comfort Tiffany – Treasures from the Driehaus Museum"

> Peter Baldaia, Director of Curatorial Affairs, Huntsville Museum of Art

> > December 7 – 1:00 – 2:30 pm
> > "Reelin' in the Years: Pop Music
> > from 1950s-1990s"

Bob Labbe, pop music historian and WLRH radio host



## Future OLLI Trips

OLLI members love to travel and have had great experiences going to Alaska, England/ Wales/Scotland, Fairhope, Memphis, eastern and western Canada, Spain and Washington, DC in the past four years. We now have three new trips planned for 2019—two with Grand Circle Tours and one closer to home with Road Scholar.

Happening first is a five-day trip to New Orleans, beginning January 13, 2019. Join your OLLI friends on a small-group adventure in New Orleans planned just for us. Get to know the "Crescent City" as you explore the French Quarter and Garden District, take in a jazz performance, learn to cook Cajun-style and enjoy plenty of time to explore on your own. Program price includes five nights in an elegant historic hotel in the French District, three expert lectures, three expert-led field trips and four performances. And, how about a ride on a streetcar named "Desire"? For more information contact **Jennifer Humiston** at 256-209-4634 or email at <a href="mailto:calabash107@gmail.com">calabash107@gmail.com</a>. Register now with Road Scholar at 877-209-4634 referencing **NOLA Program #21665 for UAH OLLI.** 

Next up is a thirteen-day trip to some of our National Parks, beginning July 12, 2019. The trip begins in the capitol city of Utah, Salt Lake City, site of world headquarters of the Mormon Church and the 2002 Winter Olympics. From there we will travel north by motor coach to begin exploring several of our epic National Parks including Yellowstone, Grand Teton, and the Badlands. We will also float the Snake River, visit Jackson Hole, a Japanese-American Confinement Site, Buffalo Bill Centre, Devil's Tower, Crazy Horse Memorial and Mount Rushmore before concluding in Rapid City, South Dakota. For more information, contact Linda McAllister at <a href="https://www.gct.com/npt2019">wmca@hiwaay.net</a> or look at the complete program details online at <a href="https://www.gct.com/npt2019">www.gct.com/npt2019</a>. Register now with Grand Circle at 800-221-2610 referencing code G9-28254 OLLI UAH trip to the Great National Parks.





Ending the year, we are cruising the Danube, as we shop for the holidays. *The Christmas Markets Along the Danube Tour* will be the first week in December 2019. Specific dates haven't been set yet as Grand Circle hasn't published their 2019 river cruise dates. We will begin our cruise in Nuremburg and pass through Regensburg, Passau, Linz, Melk and the Wachau Valley ending in Vienna where we will board the plane for home. We will be stopping at the world-famous Christmas markets along the way so be sure to leave plenty of room in your suitcase for the treasures you're sure to find. For more information, contact **Irene Garoppo** at <a href="mailto:igaroppo@knology.net">igaroppo@knology.net</a> or look at the complete program details online at <a href="mailto:www.gct.com/xmas2018">www.gct.com/xmas2018</a>. Please note that the website will be for the 2018 trip and will be updated once the 2019 schedule is released. Pre-register now with Grand Circle at 877-220-2540 referencing code **G9-26157 OLLI UAH trip for Christmas on the Danube**.



# Southern Regional Conference for Learning in Retirement

The University of Alabama in Huntsville (UAH) and OLLI at UAH teamed up **August 1-3**, **2018** to host the 10th consecutive meeting of the *Southern Regional Conference for Learning in Retirement (SRCLR)* for the first time on the UAH campus. The conference brought together approximately 200 participants from, not only the Southeast Region, but also Pennsylvania, Delaware, Nevada, Utah, Texas, California, Illinois, Maryland, Massachusetts, New York and Ohio!

The purpose of the conference was to explore innovations for modern seasoned adults in the areas of curriculum, marketing, volunteerism, travel, and more! Participants attended 25 concurrent sessions to help broaden their view in these areas in order to make their programs more effective. They also had the opportunity to hear from the keynote speaker, G. Richard Ambrosius, on how to create mindful empowered cultures within their organizations. Other speakers included: Huntsville Mayor Tommy Battle; Dr. Christine Curtis, UAH Provost and Executive Vice President for Academic Affairs; Dr. Deborah Barnhart, CEO and Executive Director of the U.S. Space and Rocket Center (USSRC); Mrs. Beth Altenkirch, First Lady of UAH; HudsonAlpha Researchers Dr. David Bick, Dr. Nick Cochran, and Dr. Neil Lamb; Candi C. Williams, State Director of AARP for Alabama; and best-selling author Homer Hickam.

Not only did participants hear from well-versed subject matter experts in the field of lifelong learning, but they had the opportunity to enjoy the Rocket City by visiting the USSRC for the Welcome Reception, the Huntsville Botanical Gardens, OLLI at UAH classrooms and UAH campus tour, Twickenham District, Bridge Street Town Centre, and Space Camp®.

The conference would not have been possible without the financial contributions of local and national sponsors Grand Circle Travel, Campus CE, Davidson Technologies, Road Scholar, Odysseys Unlimited, Redstone Federal Credit Union, Entrinsik, Xenegrade, U.S. Space and Rocket Center, Alabama AARP, and the Osher National Resource Center.

A big **thank you** is in order to OLLI at UAH and Board President Gratia Mahony, the conference planning committee, UAH College of Professional and Continuing Studies and Dean Karen Clanton, and the conference co-chairs Rebecca Duke and Fathia Hardy! Without the hard work and support of these groups and individuals, the conference would not have been successful.

If you were unable to attend the conference and would like to review materials from some of the sessions presented, please visit the post-conference website at Osher.uah.edu/SRCLR2018materials. Please join us in Wilmington, North Carolina July 29-31, 2019 for the next SRCLR!



## **Member Services Committee**



Jerry Pang

Member Services Chair

One of the services this committee provides to OLLI members is tasty snacks after our Bonus presentations. Join us after the Bonus on selected Fridays in the OLLI Lounge (WIL 152-D). Discuss the Bonus topic, meet new members, socialize with friends or just clown around.

Last term, OLLI members enjoyed chili hot dogs, chicken salad croissants, Li'l smokies with baked beans, homemade desserts and, of course, our group favorite—ice cream.

Our first Bonus of this term, September 21 at 10:30 AM in Wilson Hall 168 will cover the serious topic of end-of-life decisions. Local physician and author of <u>It's OK to Die</u>, Dr. Monica Williams-Murphy, will present her ideas on how end-of-life planning can reduce stress at this time that we will all face.

The snack following this Bonus presentation will be pulled pork on Hawaiian bun sliders and coleslaw. If others would like to contribute side dishes or dessert for this or a future bonus, please contact Rexanne Warfel (<a href="mailto:rewarfel@yahoo.com">rewarfel@yahoo.com</a>). There will be a sign-up sheet in the Lounge. Come by and enjoy!





Aging gracefully means being flexible, being open, allowing change, enjoying life & loving yourself.

Unknown



## **OLLI News & Photos**

Be prepared to welcome our new OLLI Program Manager, Alissa McKinnon, who will start her new position in late September. Alissa is a graduate of Mississippi State University with a Bachelor's degree in Public Relations and a Master's degree in Student Affairs. She has worked at UAH's CPCS since June 2017 as a Program Coordinator for Professional Development Solutions. Prior to working at UAH Alissa worked in student activities and student conduct at MSU.

Last month, Alice Sammon became full-time with CPCS with new responsibilities as the OLLI Program Coordinator.











## The Last Word

### What's coming up this Fall?

We have classes, of course, but don't forget Bonus sessions (no registration required), movies, dining out evenings, guest lectures, field trips, a luncheon, a holiday party, lunch or just visiting in the Lounge with friends. Most of these activities are free with your membership. Take advantage of the opportunities!

\*

Don't forget to read your OLLI@ UAH Weekly e-News which is sent every Friday evening.

The OLLI Insider October information submission deadline is September 24. (Early is better!) Please submit your articles and photos to Val Seaquist at <a href="mailto:vseaquistj@bellsouth.net">vseaquistj@bellsouth.net</a>. As always, include the photographer's name, the names of those in the photo, and the event.



