

# THE OLLI INSIDER

News For Members of the Osher Lifelong Learning Institute at UAH March 2019

Wilson Hall Room 113 Huntsville, AL 35899 256.824.6183 OLLI.Info@uah.edu Osher.uah.edu





## FROM THE EDITOR



Lisa Brunegraff Editor

#### Let me introduce myself.

After a 25+ year career as a Mechanical Engineer, I decided to retire my pocket protector and embrace one of my passions of lifelong learning.

I have been involved with OLLI off and on since 2014, but this past year, I decided my mind and spirit needed a change. I began to completely immerse myself in OLLI courses and Member Interest Groups. It was after one of my classes in "Writing your Life Story" that Val Seaquist pulled me aside and asked if I would take over the OLLI newsletter. Unlike most people who are asked if they would like to volunteer for a position in an organization, I said yes.

Over the past 3 months I have tried to get my head around the project and process. Working with the Public Relations committee, I want to make the newsletter a special part of OLLI, and highlight the people and the programs that make OLLI unique. So bear with me over the next couple of months as I get to know you and the teams that make this organization run smoothly. If you have a suggestion or idea on how to make the newsletter better, please know I am open to suggestions.

Lisa Brunegraff Editor, OLLI Insider

#### \*\*NEW EMAIL FOR OLLI NEWSLETTER\*\*\*

Please submit all *OLLI Insider* entries to OLLINewsletter@uah.edu. *All submissions to the April OLLI Insider are due by Sunday, March 17*.







## FROM THE PRESIDENT



Gratia Mahony President

#### **OLLI Insider, March 2019**

Excitement is already building for the OLLI Spring Term which begins on Monday, April 15th. Several new courses in military history are being offered. In addition, there will be three discussion-based courses, the ever–popular Socrates Café, the returning Everyday Ethics, and the recently added TED Talks: A World of Ideas. TED Talks have provided many amazing stories and ideas worth sharing. Class members choose one or more TED talks to show and then lead class discussions following the video. We hope you consider stepping out of your comfort zone and trying one of these exciting courses.

Early April will bring an opportunity for OLLI members to learn more about the OLLI program at UAH and to consider becoming one of the volunteers who help in large and small ways to keep our program vibrant. The **Inside OLLI Info Session** will be held on Friday, April 5th beginning at 11:30 a.m. in Wilson Hall 168. The free seminar includes lunch, but participants must register to attend. Attendees will learn about the diverse offerings of OLLI and how courses are selected. They will also meet OLLI volunteers and staff, and learn about volunteer opportunities, teaching possibilities, and participation on committees. Register to learn ways to make your OLLI experience even more rewarding.

#### Register online at Osher.uah.edu/InsideOLLI

Save the date for our OLLI Annual Dinner! New officers and directors will be announced at the Annual Dinner, which will be held in the Student Services Building, Room 112 on Monday, May 20th at 6:00 pm. Reservations will be offered this year at the very affordable price of \$20 per person. Register online at Osher.uah.edu/AnnualDinner or in the OLLI Volunteer Office, WIL 151.

Enjoy your OLLI experience this spring.



Gratia Mahony OLLI at UAH Board President



# **CALENDAR**

Month	Time	Event
3/15/19	11:30 AM	<b>Teacher Appreciation Lunch.</b> DesignLab in Lincoln Mill at 1300 Meridian Street, Suite 201. Celebrate our Winter Term Teachers! Teachers eat gratis. \$2.00 for all other guests. POC: Bob Darnall (darnall45@aol.com).
3/17/19		ST. PATRICK'S DAY
3/29/19	9:30 AM – 11:30 AM	<b>2019 Spring Open House and Info Session.</b> Wilson Hall Lobby. Bring a friend to Open House to meet instructors, learn about OLLI, and enter to win door prizes. Registration and term parking permit validation available.
4/5/19	11:30 AM – 1:00 PM	SAVE THE DATE: Inside OLLI Information Session. Learn about the social, educational, cultural, and volunteer opportunities that await you in OLLI. Box lunch is served. Online pre-registration required <a href="here">here</a> . POC: Gratia Mahony (dunhamgratia007@gmail.com).
4/9/19	9:00 AM	<b>Hudson Alpha Tour</b> —This tour is currently full. Please watch for notices about upcoming tours. POC: Linda Lowe (llowe38@gmail.com).
4/12/19	10:30 AM	<b>Movie and Popcorn:</b> <i>Murder on the Orient Express</i> (2017 version) - When a murder occurs on the train he's travelling on, celebrated detective Hercule Poirot is recruited to solve the case.
4/13/19	1:00 PM	<b>UAH Spring Sports-</b> UAH Athletics has graciously agreed to host OLLI members at an exciting Saturday in Charger Park for Lacrosse, Baseball, and Softball games! FREE admission w/ OLLI Badge. See Janet Reville (jrev1988@gmail.com) for more information.
4/14/19	2:00 PM	<b>Huntsville Ballet:</b> Romeo and Juliet at the VBC- Mark C. Smith Concert Hall, featuring a pre-performance lecture from Dannye Drake. For half-price discount tickets, POC: Joan May (jmikemay@comcast.net).
4/15/19—5/20/19		SPRING SEMESTER BEGINS
4/19/19	11:00 AM	Weekly Bonus- Battle of the Bulge: Then and Now – Join Tennent Lee as he compares historical photos from the Battle of the Bulge to his recent trip to Ardennes. WIL 168.
4/26/19	11:00 AM	<b>Weekly Bonus</b> – <b>Nepal Trip: Seeking New Heights</b> – Come along as avid traveler Tom Ress takes you on his recent adventures trekking through Nepal. WIL 168.
5/20/19	6:00 PM	Annual OLLI Dinner. Student Services Building (SSB 112). Join OLLI friends and invited guests for a special evening celebration of our 2018-19 accomplishments. Registration is \$20 per person. Register online at Osher.uah.edu/AnnualDinner or in the Volunteer Office,



# CURRICULUM COMMITTEE



Linda McAllister
Curriculum Chair

Winter Term is in full swing and, even with chilly weather, it seems we are all energized when we come to classes. Enrollment is at an all-time high for Winter Term with many new and returning members to our program. It has been a pleasure to meet so many new folks and have time to socialize with some of these people in the OLLI lounge between classes or after the Weekly Bonuses on Friday. My reward for braving the dismal weather is that I am introduced to some new thoughts in my classes and also have opportunity to ruminate on these ideas with fellow OLLI members.

As you know by now our Spring Term catalog is online and many of us are already registered for courses beginning April 15th. We have several new teachers along with our other faithful volunteers who continue to teach courses for OLLI. I

hope you will express your appreciation to each of them for giving of their time and experience to share with us.

Remember our OLLI curriculum is the core of our program. We are all about lifelong learning and we are a volunteer driven organization. So, if you have suggestions or ideas for any topic that interests you or if your have an idea for an instructor, we would love to hear from you. Furthermore, our volunteer Curriculum Committee would welcome new members. We meet on the third Friday of each month at 1:00 in Wilson Hall. So, come join us (even observe one month) and give back to your organization by being an active participant in formulating our exciting courses for each term.

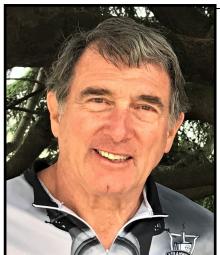
Linda McAllister Curriculum Chair

**REGISTRATION IS OPEN!** 

Click <u>here</u> to view our Spring 2019 course guide.



# SOCIAL COMMITTEE



Bob Darnall
Social Committee

Laissez les bon temps rouler! Once again, OLLI members had a wonderful time eating and dancing the early night away. OLLI decided to have something new this year with a Mardi Gras party on Lundi Gras (Fat Monday). To start the night off right at the Speakeasy at Straight to Ale, we had to find the entrance, hidden behind the school lockers. In addition to a New Orleans style buffet dinner, King Cake, and a costume contest, we were given Zydeco dance lessons by our talented DJ Hal Beach.

Don't forget to attend the Teacher Appreciation Luncheon on Friday, March 15th, which is the last day of class for the winter term. This year's luncheon will be held at DesignLab in Lincoln Mill, Suite 201 at 1300 Meridian Street starting at 11:30 a.m. We want to encourage everyone to come out. This year we are asking

everyone except teachers to donate \$2.00 to attend. The menu will be a build-your-own taco bar. Be sure to RSVP in WIL 151 and thank your instructors for all they do to make OLLI great. This is also an opportunity to see how Huntsville is taking historic buildings and repurposing them into different functions rather than tearing them down.

As you sign up for spring classes, mark your calendar for the Annual Dinner on May 20th. This will be held at the Student Services Building (SSB 112) and is a wonderful opportunity to close out the spring term before we all break for summer activities. The cost for a great meal and good fellowship with your OLLI members is only \$20, so we hope to see you all there.

If you would be interested in serving on the Social Committee or you just have some ideas about what events you would like to see at OLLI, please contact me at 256.508.6033 or darnall45@icloud.com.







## **VOLUNTEERS**

#### **OLLI is Stronger with its Volunteers!**

If you have an interest in becoming an OLLI Ambassador and assist in the UAH College of Professional and Continuing Studies (CPCS) OLLI office, please contact Alice Sammon at Alice.Sammon@uah.edu or 256.824.6183. Ambassadors work one-on-one with CPCS to make OLLI a stronger program by helping with administrative and office tasks. They work behind the scenes to ensure our program runs smoothly and continues to grow better than ever!

If you would like to assist with snacks after the Weekly Bonus, please contact Rexanne Warfel at <a href="mailto:rewarfel@yahoo.com">rewarfel@yahoo.com</a>. Note: a snack schedule has been posted on the board in the lounge to make it easier to sign up for particular days.

If you would like to help staff the OLLI Volunteer Office, contact Irene Garoppo at <u>igaroppo@knology.net</u>. OLLI Volunteers work in the volunteer office to answer questions, greet members, and assist with any day-to-day issues that may arise during each term.

#### NEED FOR PRESENTERS

Do you have a civic, social or religious group that might be interested in learning about OLLI and all we offer? If so, contact Liz Kocir, OLLI Public Relations Chair at Elizabethkocir@yahoo.com to arrange a speaker for your group. Liz has all of the displays pamphlets and equipment needed to help you.

Remember: YOU are the best PR person for your group. Share your experiences with friends and encourage them to become members.





The Nomination Task Force, composed of Bob Darnall; Sue Chatham; Irene Garoppo; and Alissa McKinnon, is excited to announce the slate of candidates for the 2019 OLLI Board of Directors (BOD) Election. Each of the below candidates has applied to be a part of the Board of Directors for a 3-year period beginning May 2019. Polls opened on Friday, March 8 and will be open for a 3-week term, ending on **Friday, March 29 at 5:00 p.m.** Each member should receive an email with a link of to the ballot. The ballot is also available in the Weekly eNews each Friday. Please contact the OLLI Administrative Office at 256.824.6183 or OLLI.Info@uah.edu if you experience issues with the ballot.



Lois Aymett has been an active member of OLLI at UAH for 3 years and has participated in approximately 9 OLLI Terms. Traveling every day from Pulaski, TN, Ms. Aymett has become an advocate for the OLLI program and would like to widen interest to others in the Tennessee area who don't have access to similar programs. Ms. Aymett has a background in science with a MBA from Vanderbilt University and has taught for UAH. She is the Chairman of the Board for the Senior Center, a member of the Economic Development Council, and Chairman of the Committee on Aging. If elected, she would like to serve OLLI through the Curriculum Committee and Member Interest Groups (MIGs).

Jill Stewart has been an active member of OLLI at UAH for 2 years and has participated in approximately 6 OLLI Terms. Ms. Stewart worked for 28 years in Alabama's Early Intervention System, identifying and serving families with children, from birth to age 3, who experienced developmental delays and disabilities. Ms. Stewart was drawn to this position upon encouragement from her OLLI peers who suggested she could harness her passion and skill for caring for others into service on the BOD. She currently serves as a facilitator for OLLI in several courses. If elected, Ms. Stewart would like to serve on the Member Services and Public Relations Committees.







Allan J. Williamson has been an active member of OLLI at UAH for 4 years and has participated in approximately 8 OLLI Terms. In his nearly 40 year career, he held many senior corporate financial management positions up to and including Corporate Director of Accounting, Assistant Corporate Controller, Acting Chief Financial Officer, Vice President of Finance, Vice President of Corporate Accounting and Treasurer, and Vice President, Chief Financial Officer in several multinational U.S.-based corporations. During his career, he also taught accounting as an adjunct professor and managed several of the company's co-operative education programs. He currently serves as a volunteer for his church and for the National Children's Advocacy Center, receiving the "Volunteer of the Year" award from the Center. Mr. Williamson notes that his business experience, teaching aptitude, leadership skills, and participation in volunteer activities make him a qualified candidate. If elected, he would like to serve on the Public Relations and Administration & Finance Committees.

Leah Black has been an active member of OLLI at UAH for 10 years and has participated in approximately 30 OLLI Terms. Ms. Black was a teacher and teacher trainer for many years before retiring and also ran her own business for a number of years. She has served OLLI in a number of roles as a teacher, facilitator, Secretary, and Chair of the Social Committee, previously serving 6 years on the OLLI Board of Directors. Ms. Black enjoyed the experience so much and states that she would like to continue serving OLLI through the Board of Directors. If elected, she would be interested in serving on the Member Services, Administration and Finance, Social, and Member Interests Groups (MIGs) Committees.







Betty A. Koval has been an active member of OLLI at UAH for 3 years and has participated in the OLLI Terms for 8 years. For most of her career, she worked as an HR professional. During the last few years of her career, she worked as an Executive Assistant at a local Chamber of Commerce in Arkansas, learning and participating in volunteer activities and local, state, and federal politics. Ms. Koval has always enjoyed learning new things and believes in keeping active both mentally and physically. She has served OLLI as a facilitator and instructor, co-leading The Great American Read. She states that she is drawn to the OLLI Board through her positive experience, stating that "I talk so much about my OLLI experience, I think my friends get sick of it, but I've also recruited 7 members since joining!" If elected, she would like to serve on the Public Relations and Events Committees.

Judy Oljey has been an active member of OLLI at UAH for 4 years and has participated in the OLLI Terms for 10 years. Ms. Oljey is a Registered Nurse, having been employed at Huntsville Hospital for 20 years. While there, she became proficient in her specialty and served as President of the Alabama Perianesthesia Nurses Association for a term of one year. At OLLI, Ms. Oljey has served as a facilitator in several classes and been an instructor for courses such as Infectious Diseases, Anatomy & Physiology, and Topics for Lifelong Health. She currently serves on the Curriculum Committee for the discipline of Health and Fitness. Ms. Oljey believes the experiences and attributes she gained as a nurse make her a qualified



candidate for the BOD, teaching her patience and giving her the ability to work with all types of people from different backgrounds and situations. If elected, Ms. Oljey would like to serve on the Curriculum, Social, and Member Interest Groups (MIGs) Committees.





**David Rabb** has been an active member of OLLI at UAH for 3 years and has participated in approximately 8 OLLI Terms. Mr. Rabb is a docent at the U.S. Space and Rocket Center and enjoys showing people around the Davidson Center. Through his work with OLLI and the USSRC, he has found a passion for both planning and teaching, serving at the Vice President and Chairman of the American Institute of Aeronautics and Astronautics (AIAA). He has planned presentations to Huntsville college students through the AIAA and has served as an instructor in OLLI, presenting a course on the Space Launch System. Mr. Rabb states that he, "... has always been impressed by the unique courses offered by OLLI, and I take delight in recommending it to other friends and people I meet." If elected, he would like to serve on the Public Relations, Curriculum, and Events Committees

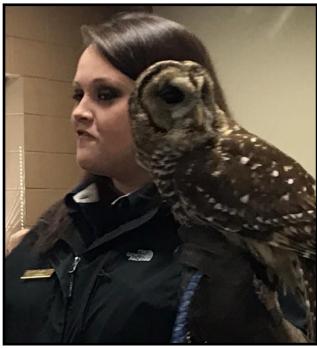
# VOTING CLOSES ON FRIDAY, MARCH 29, 2019 at 5:00 P.M.



# **OLLI LIFE**

## What are our members doing?



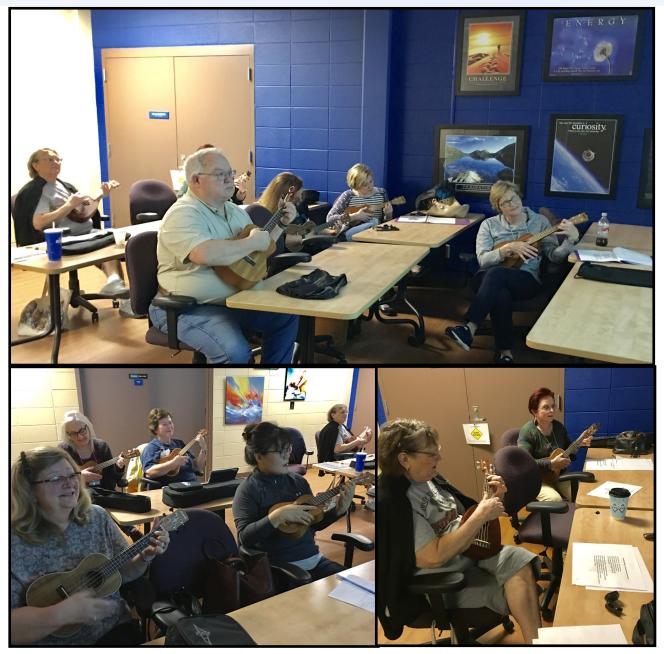


Meet Coosa! Coosa is a 17-year-old male barred owl who lives at the raptor rehab center at Oak Mountain State Park. His handler is Park Naturalist Lauren Muncher. Lauren was one of the presenters in the Exploring Northern Alabama's Natural Attractions course held on Wednesdays at 1:00 p.m. Dr. Steven Jones, the class instructor, is joined by Tim Haney, the northern region operations director of Alabama State Parks. Each week a different park is presented and a representative from each park highlights things that makes the parks special.

Join Dr. Jones in the Spring Term for his upcoming course on America's Heritage—Our National Parks! The course will be held on Thursdays at 1:00 p.m. and is sure to bring forth more interesting conversations and experiences!



# **OLLI LIFE**



#### **Ukulele for the True Beginner**

Want to play a musical instrument and don't know where to start? This class is one of the many offered to OLLI members throughout the year.

With a variety to pick from you can exercise both the left and right side of your brain.

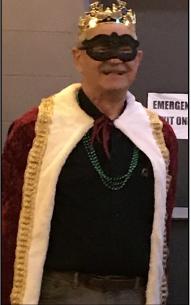


# MARDI GRAS PARTY

















# **HOCKEY NIGHT**

OLLI members enjoyed an exciting afternoon of UAH Hockey action as the Chargers hosted the Alaska Anchorage Seawolves on January 19th. By donating free tickets to OLLI, the UAH Athletic Department allowed some of our members their first chance to see a live hockey game! Other members were hockey veterans, but all attendees enjoyed watching UAH outscore their Alaska rivals 6 goals to 3. Watch for future OLLI events highlighting the many UAH sports - we're Chargers too!









# MEMBER INTEREST GROUPS

#### MIGs are open to all OLLI members.

<u>Hiking</u>: Hikes on Thursday and Friday mornings. Bob Goodwin OLLIHIKING@gmail.com

<u>Dining Out</u>: Featured local restaurants each month. Sandy Dabrowski (<u>dabros1@comcast.net</u>)

<u>Knitting</u>: Share your enjoyment and increase your skills. All levels welcome. Barbara Ward (<u>bward@hiwaay.net</u>)

<u>Stock Study Club</u>: Study and report on stocks to explore the world of investing. J Phillip. (the p patch@knology.net)

<u>Tennis</u>: Court time and pro tournament gatherings. Judy Eckert (<u>juaeckert@gmail.com</u>)

<u>Tai Chi</u>: Practice sessions for members who have taken tai chi classes. Jerry Pang (pang7713@gmail.com)

<u>Bridge:</u> Bring or meet a partner to play bridge for fun. All levels welcome. Bruce Machamer (<u>bnmacham68@gmail.com</u>)

To establish a new MIG or for general information about MIGs, contact the OLLI MIG Coordinator, Linda Harman at <a href="mailto:linda.e.harman@gmail.com">linda.e.harman@gmail.com</a>.





# MEMBER INTEREST GROUPS

### **Dining Out MIG at Purveyor**



If you do not like dining out alone, this is a great opportunity to try out a new restaurant and make new friends. Church Street Purveyor was the Dining Out selection for the month of February 2019. Purveyor is one of the newer restaurant located in downtown Huntsville

Restaurants are selected based on availability for a group and broad menu selections to accommodate most tastes. We try to have an event each month with various price points. There are a few regular attenders who come with friends and others this is their first time. Suggestions of where to go are always welcome. Contact Sandra Dabrowski at dabros1@comcast.net more information or suggestions on potential locations!



## **FUTURE TRIPS**

OLLI members love to travel and have had great experiences going to Alaska, England/Wales/Scotland, Fairhope, Memphis, eastern and western Canada, Spain and Washington, DC in the past four years. Join us on these two wonderful trips in 2019.

#### Great National Parks July 12-24

This exciting trip begins in Salt Lake City, Utah, and travels north by motor coach to explore several of our National Parks including Yellowstone, Grant Teton, and the Badlands. Also included is a float on the Snake River and visits to Jackson Hole, the Japanese-American Confinement Site, Buffalo Bill Center, Devil's Tower, Crazy Horse Memorial and Mount Rushmore before departing from Rapid City, South Dakota.

*Three double rooms are still available*. Register now with Grand Circle Travel at 800.221.2610 and reference Code G9-28254 OLLI UAH trip to the Great National Parks.

For more information contact Linda McAllister at <a href="wmca@hiwaay.net">wmca@hiwaay.net</a> or look at the complete program details online at <a href="www.gct.com/npt2019">www.gct.com/npt2019</a>.

# **Christmas Markets Along The Danube HURRY! TIME IS RUNNING OUT!**

Register now for the OLLI Christmas on the Danube Cruise in December. Fourteen people are currently registered. Grand Circle is holding space for us until mid-March; so, if you're on the fence about it, now is the time to jump the fence and join us. After March, there is no guarantee space will be available.

Travelers will leave on December 2, 2019 and fly to Nuremberg, Germany, where we will spend two days. We will be off to Regensburg on Days 4-5; Day 6 in Passau; Day 7 to Linz, Austria; Day 8 in Melk and Vienna; and finally leaving Vienna on Day 9 to return home. Cost is very reasonable at \$3295, with airfare FROM HUNTSVILLE. The price is adjusted based on cabin choice on the ship. *All single rooms have been taken, but there are plenty of doubles still available*.

Cost includes air fare, accommodations for 7 nights aboard a private river ship with wi-fi access; 20 meals including beer, wine and soft drinks; 5 tours with a dedicated guide, with visits to five Christmas markets and five Exclusive Discovery Series events; gratuities for local guides and drivers, all port charges, and baggage handling for one piece of luggage per person, including tips. An extra bonus is a 5% frequent travel credit toward your next Grand Circle trip.

Grand Circle Cruise Lines has received awards from *Travel and Leisure*, *USA Today* and *Cruise Critic's* international team of editors. You can contact Grand Circle at 800.221.2610 to make your reservation using code G9-26157. Trip brochures are available in the OLLI Volunteer Office or online at <a href="https://www.gct.com/xms2019">www.gct.com/xms2019</a>.

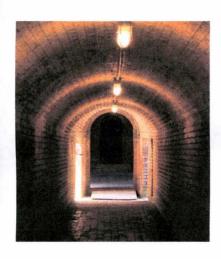


## PHOTO CONTEST

#### 2019 OLLI Photo Contest

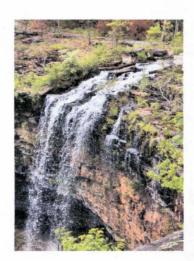
#### ALABAMA 200:

## Landmarks of Alabama



It can be man-made or natural. An historic building or a cavern. Just get out there and take some photos of the Alabama you love!





#### Guidelines:

- ☐ Theme: "Alabama 200: Landmarks of Alabama"
- ☐ Specs:
- \* Gentle photo editing is permitted but keep the original photo
- \* Photo must not have identifying/copyright marks
- \* Photos must be submitted in digital jpg/jpeg format
- \* Recommend at least 2 Megapixels (MP) final pixel size
  - \* \* Color photos are preferred
- \* Name your photo
- \* Email as an attachment
- ☐ Submit to: olliphotocontest@gmail.com. You can submit up to three entries; include your name, phone number, and email address. Give some information about the photo, where you took it and the date

Photos must be taken between April 1, 2018 and March 31, 2019

☐ Submission deadline: April 1, 2019 Questions? Email: olliphotocontest@gmail.com



## THE LAST WORD

#### What's Happening in SPRING?

The **Catalog** for Spring classes is now available. Registration is open.

We have courses, of course, but don't forget Weekly Bonus sessions, movies, dining out events, guest lectures, field trips, our annual dinner, lunch, and visiting in the lounge with friends. Most of these activities are free with your membership. Take advantage of the opportunities!

\*

Don't forget to read your OLLI@ UAH Weekly e-News which is sent every Friday evening.

#### Spring Term Parking Hang-Tags

The parking permit procedure has changed for this academic year. You must get your permit (hang tag) validated prior to each term. If you have a permit from Winter term and are registered for Spring term, take it to the CPCS Registration Office (WIL 103) to have your permit validated for the term. The same process will apply for Summer terms.

Do you have a suggestion to improve OLLI's educational offerings or services to the members? There is a suggestion box in the hallway outside the OLLI Volunteer Office. We would like to hear from you. Do you have a concern that you would like addressed? Do you want to volunteer for something but don't know who to approach? Please let us know.

#### **OLLI Needs Your Support**

#### Support our Support Fund and Scholarship Fund!

Help make OLLI a stronger program by donating to our Support Fund. You can also support our Scholarship Fund, which gives OLLI at UAH the opportunity to create a bright future for scholarship recipients in our campus community.

#### **How to Donate:**

The easiest way to donate is by credit card online at <u>Osher.uah.edu/DonateOLLI</u>. If you would prefer to donate by check, print out the <u>donor form</u> page (this insures tax credit) and mail the form to the below address. Whichever method you choose, be sure to designate which fund you would like to donate to.

OLLI at UAH Fund Shelbie King Hall, Third Floor Huntsville, AL 35899