

THE OLLI

News for the members of the Osher Lifelong Learning Institute at UAH

INSIDER

OCTOBER 2019 ISSUE



Osher
Lifelong Learning
Institute **at UAH**

OCTOBER – NOVEMBER 2019

October 1 | 7:45 am | WIL 152 D

OLLI Early Birds Breakfast Club

The OLLI Social Committee will host breakfast in the OLLI Lounge every Tuesday morning during term starting at 7:45 am.

October 4 | 11:00 am | WIL 168

Bonus: The Human Trafficking Crisis

Chuck Helms

Human Trafficking is occurring in epidemic proportions in the United States and even within our state. What does it mean and what can you do? Learn about Human Trafficking, the signs to look for and ways to report a crime.

October 8 | 7:45 am | WIL 152 D

OLLI Early Birds Breakfast Club

The OLLI Social Committee will host breakfast in the OLLI Lounge every Tuesday morning during term starting at 7:45 am.

October 11 | 11:00 am | WIL 168

Bonus: Exploring the U.S. Space Program

Dr. Deborah Barnhart

In the 1950s, a team of rocket scientists transformed Huntsville into the fascinating center of technology it is today. Learn more about the history and how the U.S. Space & Rocket Center continues their mission!

October 15 | 7:45 am | WIL 152 D

OLLI Early Birds Breakfast Club

The OLLI Social Committee will host breakfast in the OLLI Lounge every Tuesday morning during term starting at 7:45 am.

October 18 | 11:00 am | WIL 168

Bonus: Plan for the Future Today

John Wynn

While estate planning may seem complicated, it is not only for the wealthy or for those in their later years! If you own property, you need an estate plan. Join us to learn how you can leave a lasting legacy.

October 22 | 7:45 am | WIL 152 D

OLLI Early Birds Breakfast Club

The OLLI Social Committee will host breakfast in the OLLI Lounge every Tuesday morning during term starting at 7:45 am.

October 25 | 11:00 am | WIL 168

Bonus: Gorilla Trekking in Uganda

Barbara and Gary Hitt

Take an adventure to Rwanda and Uganda with this travelogue. Witness the challenging climb to the top of a mountain to see gorillas, other African wildlife, as well as, some of the local people. Explore visits to a school and a pygmy tribe.

October 29 | 7:45 am | WIL 152 D

OLLI Early Birds Breakfast Club

The OLLI Social Committee will host breakfast in the OLLI Lounge every Tuesday morning during term starting at 7:45 am.

November 1 | 11:00 am | WIL 168

Bonus: Successful Aging for Everyone

Pam Frazier

Health, happiness, exercise, nutrition...there are many factors that contribute to the aging process. Discover a range of wellness tips that enhance your quality of life and get even better with age!

November 5 | 7:45 am | WIL 152 D

OLLI Early Birds Breakfast Club

The OLLI Social Committee will host breakfast in the OLLI Lounge every Tuesday morning during term starting at 7:45 am.

November 12 | Thu | 8:00 am

Day Trip: In Their Footsteps:

Experience the Movement

On this Civil Rights experience, members will have the opportunity to explore historical landmarks. This will be an emotional and eye-opening experience to learn the importance of tolerance and awareness.

NEW THINGS BRING NEW CHALLENGES



The word new usually generates a sense of excitement. A new grandbaby, a new house, new shoes. New can also mean changes. Getting into a rhythm, making adjustments, doing comparisons, all these are part of the process. A new term is exciting and challenging. It may mean

getting up earlier to get to class, finding a parking place, and meeting new people. You would think that as you get older you would get used to the process, but the reality is that “new” is the key ingredient for staying active. Doing new things and learning something new is what OLLI is all about. For those who are new to OLLI, don’t just go to class and then leave. Stick around, come by the lounge to meet other members, or come by the volunteer office and hang out. To the seasoned members, grab a new friend and go to one of the many dining places on campus.

By the time this newsletter is published it will be around the 3rd week into the term by then some of the new will be wearing off but don’t lose the excitement. Pick out a Friday bonus or a movie to attend. Try one of the MIGs or sign up for one of the tours. Don’t be shy every member was new at one point time.

Speaking of the newsletter, I have recently gotten a new full-time job, and won’t be able to be the editor anymore. I am not quitting OLLI, but will not be able to devote the time needed to give you a quality monthly newsletter.



Our new Newsletter editor is John Anderson. John worked at *The Huntsville Times* for 18 years as a court reporter, columnist, political editor and features writer. He also has written for People Magazine and other publications on a per assignment basis. A native of Belle Mina, Anderson practiced law in Athens before becoming a journalist. He lives in

Elkmont with his wife, former Limestone County District Judge Jeanne Anderson.

Let’s all give him a warm welcome. Together with the PR Committee, they have many ideas to continue improving our newsletter.

As a reminder, all articles for the November newsletter are due **October 17th** to OLLINewsletter@uah.edu.

Lisa Brunegraff
Editor, The OLLI Insider

The OLLI Insider article submission deadline is the 17th of each month for the following month.

FROM THE PRESIDENT

FALL TERM IS HERE



This month I would like to share just a few thoughts about your OLLI. OLLI at UAH is eleven hundred members strong. For the fall term, about forty-five percent of us will be taking the classes setup by our Curriculum Committee. In addition to this, several of us are involved in our Hiking, Bridge,

Dining, Tai Chi, Knitting, Tennis, and Stock Member Interest Groups (MIGs). Some of us enjoy our Friday Bonuses or Popcorn and a Movie. Mostly, we are a community with a love for learning and social interaction with each other. We are diverse in our ages, ranging from our 30's to our 90's, but we cannot quantify exactly our demographics because we don't check ID's. We fellowship together at our event programs and we travel together on some of our planned trips both locally and abroad. We are a unique organization where friendships are established and grown within this framework we call OLLI.

Your OLLI is a 501(c)(3) tax exempt organization. Our organization is linked to the University as a part of the *College of Professional and Continuing Studies* (CPCS). They support us with staff and systems to make our organization the well-oiled organization that it is. We give back to the University through your volunteer work proctoring exams and participating in projects. Through your generosity, we have endowed a scholarship fund that provides two students each year scholarships to support their education journey. In addition, to honor our new President of the University, we have given an additional scholarship this year to be utilized by a student within the College of Professional and Continuing Studies. Your influence is felt by the University by your giving back and sharing your time so generously.

Your OLLI is run by volunteers. Each year you elect a Board of Directors to guide your OLLI, and that Board in turn elects five officers, the Executive Board, consisting of a President, VP of Curriculum, VP of Finance, Treasurer and Secretary. In addition to these Officers that are elected annually, the Executive Board has the Program Manager, the Dean of the College of Professional and Continuing Studies, and the Past President as Members of the Executive Board.

Finally, we have the most important part of your OLLI Team that helps our Organization work so well. This most important part is you, the Volunteers, who serve on our Committees that plan the paths we take, that plan our events, that plan our travel, that gather us together to celebrate our successes and that lead or teach our classes. You have built a magnificent OLLI, and I thank you.

David Styers
President, OLLI at UAH Board of Directors

**Contact
OLLI at UAH's
Executive Board
on their
NEW UAH emails:**

OLLIPresident@uah.edu
OLLICurriculum@uah.edu
OLLIVPAdmin@uah.edu
OLLITreasurer@uah.edu
OLLISecretary@uah.edu

CURRICULUM COMMITTEE

READY FOR THE NEW TERM



Excitement, Energy, and Enthusiasm are words that reflect the beginning of OLLI Fall Term. Even though it was very warm outside, our members' positive attitudes and smiles prevailed. And as classes dismissed I heard nothing but excitement about teachers and what was happening

within the classroom. Kudos to our Curriculum Committee and OLLI Staff for planning an exciting Fall Term with record enrollment. Wilson Hall was vibrant with young students and energetic lifelong learners.

The OLLI lounge was buzzing with chatter and the fall apples from our local Scott's orchard were a big hit. Anytime anyone brings edible treats, they are gratefully devoured. During the lunch hour and between classes, folks were catching up with old friends, meeting new OLLI members or just reading quietly during class times. The lounge and the Volunteer OLLI office were hubs of positive energy. Enjoy these snapshots grabbed during the first week of Fall Term.

Likewise, if you have a desire to teach a course or have a lead on someone who could teach for us, please do not hesitate to share that desire and information with me at OLLICurriculum@uah.edu. "*Many hands make light work*", so do consider joining us this year as a committee member, teacher, or classroom facilitator. We are also looking for a Weekly Bonus Discipline Chair, to help us coordinate with future presenters.

We are ready to begin another great year of learning and sharing ideas at OLLI!

Linda McAllister
VP of Curriculum, OLLI at UAH Board of Directors



TRAVEL WITH OLLI IN 2020



The next trip offered, headed by Irene Garoppo, still has several openings available. Anyone interested please call **Grand Circle Travel at 800-221-2610, reference Program #G9-26157 – Christmas Markets Along the Danube** beginning on December 2, 2019 and note you are an OLLI @ UAH

member. There are brochures available in the Volunteer office with more details.

We are happy to report the Philadelphia art trip is booked to capacity. **HOWEVER**, if you are interested please call the number below and get on the waiting list. As often happens, someone may drop out for any number of reasons. **Road Scholar at 800-322-5315, reference Program # 23179 – A World of Art: The Barnes Foundation, Murals & More starting on 6/11/2020 and note that you are an OLLI at UAH member.**

Nancy Darnall has done a fantastic job procuring the South America trip. I have not seen one with all these options for this price. **For reservations please call Grand Circle Travel at 800-597-2452 and reference this code when booking – G0-26157.** The cost for the 16 days is \$5265.00/per person with airfare included. We really are hoping for four more people to book the trip to South America on December 3-19, 2020 with pre and post trip options and airfare from Huntsville available. Please see the brochures in the OLLI office for more information. **I do hope you will consider this trip, I know you will not regret it.**

The committee met September 13th and decided to gather information from the membership for future trips. Please watch for a short survey, and complete it as quickly as possible – we need your input! The committee members cannot know what you would like to do if you do not let us know. Thanks in advance for your help!

Always looking forward to more adventures! Hope to see you there!

Betty Koval
Chair, Travel Committee



PUBLIC RELATIONS COMMITTEE

OLLI LOUNGE - NOT JUST FOR TEACHERS



Last week in the office, I overheard the comment "Lounge? I thought that was just for teachers". What a shock. Apparently the Lounge is one of our best kept secrets that we thought everyone knew about.

Unlike "regular" school, where the label "Lounge" automatically meant Teachers' Lounge, no questions asked, at OLLI the Lounge is the Members' Lounge.

This is the hub for people getting ready to go to class, just coming from a class or just to have somewhere to sit and think. The OLLI Lounge is located in Wilson Hall, Room 152D and is open to **ALL** members.

There is always coffee available, **FREE** coffee. Most of the time, you'll find a pot each of regular and decaf, along with everything you need to doctor it - sugar, artificial sweetener and creamer. There are usually tea bags for those of us who don't drink coffee (WHAT???) and a Keurig machine. OLLI does not supply individual K-Cups for the Keurig, but feel free to bring your own.

The Lounge has a sink, microwave and refrigerator with an ice maker. All we ask is that members clean up after using any of them. There are tables and chairs, and during lunch the overflow usually uses Room 152C.

So, if you're looking for another way to meet fellow OLLI members, check out the Lounge. There's always a group of early birders in the morning before the 8:45 class, a crowd at lunch, and usually a couple of people other times of the day. Bring your lunch in the morning, store it in the fridge, then join others at lunch time. We prefer you not bring things like a case of drinks that will take up room that others may need to use for food.

Remember, the OLLI Lounge is for **ALL** OLLI members. Enjoy it!!

Liz Kocir
Chair, Public Relations Committee



FUND DEVELOPMENT COMMITTEE

ASSIST WITH OLLI FUNDRAISING EVENTS



To new and returning OLLI members, the Fund Development Committee (FDC) welcomes you to the coming school year at OLLI. The FDC's goal is to assist UAH financially in helping it bring a quality academic program for our 1100 students.

The Support Fund is where we ask the OLLI members to donate during the year. It helps ensure the OLLI at UAH program, that is under the direction CPCS, has sufficient funds for the current academic year.

The CPCS income sources are from the OLLI class tuition, interest from the Osher Foundation Endowment and the Support Fund. Last year the Support Fund brought in slightly over \$20,000 for this assistance. Our goal this year is \$25,000.

We are also emphasizing a new avenue of financial support this year - Legacy Giving. This is when someone leaves an end of life gift that is added to the existing Osher Foundation endowment. This is a "forever" gift in that it will help support the program as long as there is an OLLI at UAH. The OLLI program and its pre-OLLI predecessor, The Academy for Lifetime Learning, have been at UAH for 25 years. See OLLI Program Manager Ale Pacheco, WIL 113, for a Legacy Giving brochure for more information.

This committee will give you the opportunity to assist in the planning and development of OLLI fundraising events for the Support Fund and Legacy Giving program. For more information please contact Ken Rex at khrex@aol.com.

Ken Rex
Chair, Fund Development Committee



Interested in helping
raise funds for
OLLI's Support Fund
and Legacy Giving
Program?

JOIN
OLLI'S FUND
DEVELOPMENT COMMITTEE

FOR MORE INFORMATION CONTACT
KEN REX AT KHREX@AOL.COM

VOLUNTEER OFFICE UPDATE



We are still looking for more volunteers to help in the OLLI Office. Last month's newsletter talked a little about opportunities in the Volunteer Office, but we do not have to be well versed on A/V equipment. What we need to do is make sure there is coffee in the lounge, answer questions,

especially during the first couple of weeks of each term; things like the location of classes, how to use the repro equipment, how to register and how to get a new/updated parking permit.

The first week of classes, the Monday morning office shift was pretty typical - answer questions about where classes were meeting (*we have the room numbers in the office copy of the course guide*), where to go to get new parking permits, how to get a name badge to replace one that was lost AND, OF COURSE, chatting with fellow members. If you're inquisitive (my new word for nosy), this is the place to be.

It's never too late to volunteer. There are still a couple of shifts open: 8:30am on Thursday (great if you have a 10:30am class), 12:30pm on Wednesday, and 2:30pm on Wednesday. I'm also trying to start a substitute pool if you think you may want to just fill in for someone. The idea is to sub for someone who knows ahead of time they may need to be out - not last minute, we need you in an hour.

Informal training is provided, and there is a handbook in case something comes up you're not sure about. If you think you may be interested in this opportunity or would like additional information, please contact Irene Garoppo, igaroppo@knology.net for available shifts and/or information.

Irene Garoppo
Chair, Volunteer Support Committee

BE AN OLLI AMBASSADOR

Interested?

Contact Alice Sammon at
Alice.Sammon@uah.edu
or 256.824.6183

Work one-on-one with CPCS.

JOIN OLLI'S VOLUNTEER SUPPORT COMMITTEE

VOLUNTEERS PLAY A
CRUCIAL ROLE IN OUR PROGRAM AND
ARE ALWAYS NEEDED TO ASSIST IN
THE OFFICE
DURING THE TERM

For more information contact
Irene Garoppo at
igaroppo@knology.net

ANOTHER RECORD BREAKING YEAR



with the Curriculum Committee. Below are some updates from UAH and CPCS:

- Last Mile Fund Scholarship Presentation:** The Executive Board and Board of Directors voted to raise funds and present a Last-Mile Fund Scholarship in the amount of \$1,000 to CPCS in honor of UAH's new President, Dr. Darren Dawson. This scholarship helps students who are struggling financially in their last year at UAH. Dr. Darren Dawson attended the beginning of the Weekly Bonus for the scholarship presentation. We were able to meet him and show him how great OLLI is for UAH and the community. THANK YOU to everyone who contributed to this scholarship, and to the members who attended the event. If you are interested in learning more information or donating to the Last-Mile Fund, visit uah.edu/giving/last-mile-fund.
- UAH Breaking Records:** Since 2014, UAH enrollment has climbed 36 percent, with official numbers for this semester approaching the 10,000 mark (9,988). The freshman class continues to grow, as it brought 1,500 students this year. The highest in UAH history! Average high school GPA for the freshman class is a 3.91 and 48.7 percent scored 30 or above on the ACT.
- UAH International Friendship Exchange Program:** As UAH welcomes new international students on campus, we would like to also invite you to host an international student to support them as they transition to life in the United States and more specifically, Huntsville, Alabama. Our host program is not intended to be a long-term stay in your home; instead, it's perhaps a lunch or an invitation to a family meal so that the international student can experience a rewarding American family connection. For more information, visit uah.edu/ois/friendship-exchange-program.

- UAH Alert System:** UAlert is UAH's emergency notification system. UAlert is a comprehensive communications solution that allows UAH to quickly disseminate an urgent message through multiple communication methods including: phone calls, text messages to cell phones, and email messages. OLLI members can register for the UAlert system [HERE](#).
- Homecoming:** UAH's Homecoming will be **October 23rd - October 26th** and the theme is *Let the Games Begin*. There will be various events happening on campus, and OLLI members are welcome to participate in them. UAH's Hockey team will have its Homecoming games at the VBC on Friday, October 25th and Saturday, October 26th.
- Fall Term Day Trip:** Don't forget to register for: "*In Their Footsteps: Experience the Movement*" day trip to Birmingham, AL happening on November 12th. Our CPCS Associate Director, Fathia Hardy, will be the tour guide for the day.

As always, we want to hear from you and your experiences with OLLI. Email us your OLLI testimony at OLLI.info@uah.edu. And please, let us know if there is anything I can do to help you.

Ale Pacheco
Program Manager, OLLI at UAH



Last Mile Fund Presentation - from left to right: Dean Karen Clanton, President Darren Dawson, David Styers, and Janet Reville.

MEMBER INTEREST GROUPS

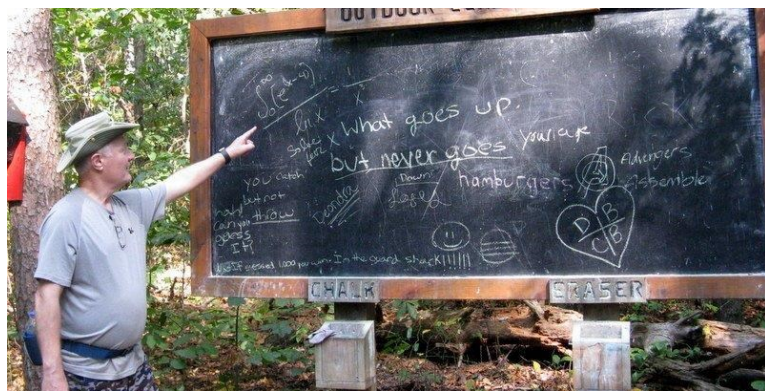
WHAT OUR MEMBERS ARE DOING

Members enjoyed having dinner at Fresko Grille in the new Stovehouse complex. Thank you to the **Dining Out MIG** for hosting this event full of delicious food, and fun with live music.

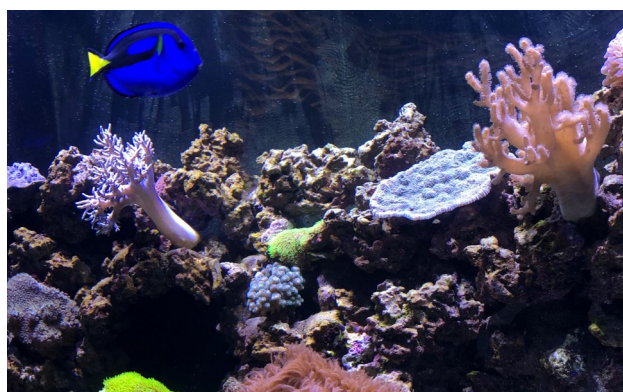
Save the date for the next **Dining Out MIG** on Monday, October 14 at Bonefish Grill.



Members went on a hike at Green Mountain Nature Trail as part of the weekly Thursday **Hiking MIG** events. The temperature dropped that morning, and it was very pleasant outside. It was good to see some new members in the group.



COOK MUSEUM OF NATURAL SCIENCE TOUR



The tour of the Cook Museum of Natural Science in Decatur, AL was a complete success. We had 23 OLLI members attend and they all had a great time sharing with each other, and learning more about different animals, outer space, and environments in nature.

Don't miss out on the next tour to Polaris Industries on November 19th! You can register [HERE](#), or in the OLLI Volunteer Office (WIL 151).

SPORTING EVENTS

UAH ALL-SPORTS PASS AVAILABLE



Once again the UAH Athletic Department is offering an exclusive sports package to current OLLI members. By purchasing a season ticket to the UAH Hockey games, OLLI students will receive an All-Sports Pass valid for entry to all

UAH sporting events for the entire 2019-2020 season! The exclusive OLLI price for the UAH Hockey season ticket is only \$99 (*that's almost half-off the retail price*)! There are 14 home hockey games this season, all played at the *Von Braun Center Propst Arena* in downtown Huntsville. All the games have promotional giveaways, opportunities to meet the players, in addition to exciting NCAA Division 1 Hockey! You don't want to miss the opportunity to admire our beautiful OLLI at UAH banner hanging in the stands in home game!

For more information, contact Janet Reville at jrev1988@gmail.com and to purchase tickets, contact Jason Rucker in the UAH Athletic Department at 256.824.6584 or jason.rucker@uah.edu. Be sure to let them know you're a current OLLI member to get the FANTASTIC deal!

Hockey Season Home Schedule:

October 25 & 26th vs. Minnesota State
November 8 & 9th vs. Alaska Anchorage
November 29 & 30th vs. Northern Michigan
January 9 & 10th vs. Bemidji State
January 31 & February 1st vs. Michigan Tech
February 7 & 8th vs. Alaska (Fairbanks)
February 29 & 29th vs. Bowling Green

The All-Sports Pass includes: Basketball, Baseball, Lacrosse, Soccer, Tennis, Track & Field, Volleyball, Softball, and even general admission to Hockey!



THE LAST WORD



come to the OLLI Lounge (152D)
every Tuesday starting at 7:45 am
for breakfast before classes start.

HOSTED BY THE OLLI SOCIAL COMMITTEE

In Their Footsteps: *Experience the Movement*

November 12th Day Trip
to Birmingham, AL

\$125
Not Included
in Term Fee

Explore historical landmarks such as:

- 16th Street Baptist Church
- Kelly Ingram Park
- Restoration of A.G. Gaston Motel
- Negro Southern League Museum
- The Birmingham Civil Rights Institute

POLARIS INDUSTRIES TOUR:

JOIN US FOR A RIDE!

11/19 | Tues | 9:30 am & 11:00 am



Discover what it takes to build
Polaris' ATV's, motorcycles and
the innovative Slingshot! Sign
up online or email Linda
Lowe, lhowe38@gmail.com



WHAT DOES OLLI MEAN TO YOU?

We are looking for members to
share their testimony on what
OLLI at UAH means to you!

Please send us a 100 word or
less testimony to
OLLI.info@uah.edu.

*Testimonies will be used in upcoming
news articles and marketing materials.*

